



ENHANCED HEALTH
IN CARE HOMES
WORKING TOGETHER TO IMPROVE QUALITY

Identifying Patients in the Last Year of Life in Care Homes

Do Your Residents Ever Die?



Aims of the session

- To understand what needs to be done and be in place to help residents have a good death
- To give you the skills and confidence to identify people entering into their last months/year of life
- How to use the written information you have been sent to help you assess and record people's wishes

Facts

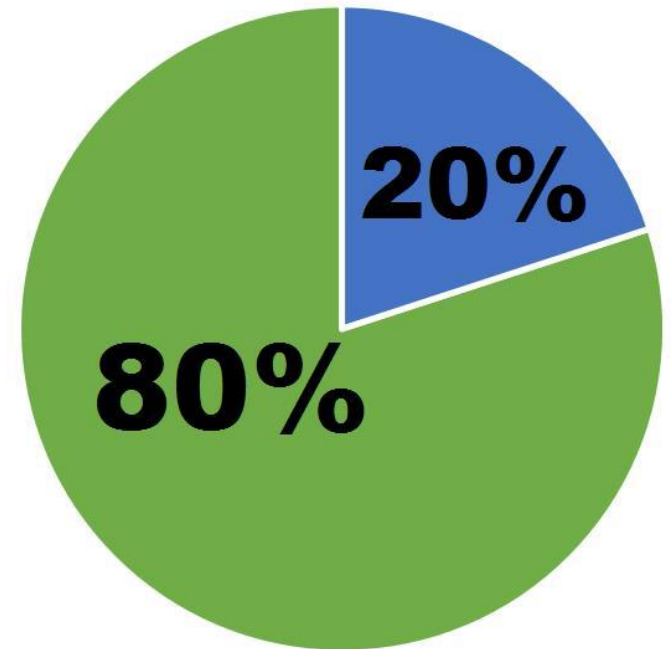
- About 1% of the population die each year
- Some of these deaths will be unexpected but most can be predicted
- Most people prefer to die at home but many die in hospital

Regional data

In the last year, 50,000 people died in
Yorkshire and Humber

Of those 10000 occurred in care homes
(20%)

Source: National End of Life Care Intelligence
Network 2016



Identifying at the right time: WHY?

- Allows residents (and/or their families) to make their wishes known
- Increases the chances of a resident dying in their preferred place
- Allows staff to plan care in line with resident's wishes
- Reduces emergency admissions to hospital

Meet Bill



- 82 years old
- Lives in a care home
- COPD, frailty + other medical conditions
- He feels he has a poor quality of life
- Many crisis admissions to hospital
- No regular GP review and no future plans discussed
- Care home staff and family are struggling to cope
- No end of life discussions have been had
- Bill's condition worsens at the weekend, a 999 call is made and he is taken to A&E
- Bill has an 8 hour wait on a trolley, is admitted to a ward and dies alone



What's your experience?

- Think of a recent death in your care home
- In your opinion was it a good death
- Why or what makes you say that?
- Could anything have made it better?

Could Bill have died in the care home?

What should have been in place to enable this to happen?



Identifying at the right time: HOW?

The Surprise Question: Ask yourself Would I be surprised if this person dies in the next 12 months?

If the answer is no:

Refer to handout: **GSF Prognostic Indicator Guidance**

Do you do anything like this in your care home?

Do you have an end of life resource folder?

USING THE RESOURCES

Identifying at the right time: WHEN?

- On admission to the care home
- Following a hospital admission
- Any health changes?

Identifying at the right time: WHO?

- Who has regular contact with the resident
- The person that cleans his/her room ?
- The person who takes his/her meals in ?
- The nurse who sees him/her most days ?
- His/her family ?
- ????

Identifying at the right time: WHO?

- Everyone that knows the resident
- Talk as a team
- Use your resources
- Plan as a team
- Document
- Review as a team

Any Questions?