

Terri Sethi is a Warehouse volunteer and occasional volunteer driver's assistant for Morecambe Bay Foodbank. Terri has volunteered for the foodbank for 10 years.

Morecambe Bay Foodbank is a project founded by local churches and community groups, working together towards stopping hunger in the local area. It began life at the GYM Church on Green Street in Morecambe and has now moved to Anchor Building, Westgate in Morecambe. Morecambe Bay Foodbank has just released the figures for the year to March 2022 and over 11,000 emergency food parcels were delivered across the Lancaster District.



What experience did you need to obtain your role?

I saw on Facebook that Morecambe had a new foodbank so spent about £50 in a supermarket on food to donate. We got chatting to the boss and she offered us a cup of tea and then asked us if we would like to volunteer.

No experience was needed. I also volunteer one morning a week at St John's Hospice charity shop.

What does your role involve?

My role involves dating donations, organising stock and then making up food parcels.

What have been the best bits and challenges of your role?

I enjoy working with wonderful people and helping a good cause.

There are no challenges in the role but there is a worry of hunger becoming worse not only in my local area but across the UK.

Top tips for people wanting to become a Volunteer:

Don't hesitate to contact a local charity to volunteer, you won't regret it.

There are lots of local charities working hard to help those in need.

How can I find out more?

You can find out more about Morecambe Bay Foodbank [here](#).

If you are interested in volunteering you can find out more at Morecambe Bay Foodbank's website [here](#) or by emailing Volunteer Coordinator Briony at brionyscott@morecambebay.foodbank.org.uk

Morecambe Bay Foodbank accepts referrals from the [Citizens Advice Bureaus](#) (CABs) in both Lancaster and Morecambe:

- **Lancaster CAB:** 87 King St, Lancaster LA1 1RH. Opening hours Monday to Friday, 9am to 5pm or telephone 03444 889622.
- **Morecambe CAB:** Oban House, 87-89 Queen St, Morecambe LA4 5EN. Opening hours Monday to Friday, 9am to 5pm or telephone 03444889622.