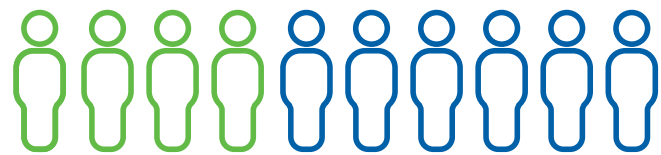


1

Long-term conditions in Morecambe Bay



42%

of adults in MB with a long-term condition

120,454

adult population in MB with a long-term condition



£7 out of every **£10**

in the NHS is spent on caring for people with a long-term condition

Health and social care services are sometimes

FRAGMENTED

and don't collaborate to treat the whole person



Long-term conditions affect people's quality of life. And if you **also have poor mental health**, you may not be able to manage your LTC as well as others



10%

of patients with a long-term condition **also have poor mental health**



There are **over 100 additional deaths per year** in patients **under 75** in the most disadvantaged **20%** of areas compared with the rest of Morecambe Bay

44%

of patients **with any long-term conditions** have additional long-term conditions

2

Bay Health & Care Partners
delivering

bettercare
together

Long-term conditions account for:



57%

of all GP consultations



49%

49% of all A&E attendances



60%

of all outpatient appointments



63%

of all urgent (not planned) admissions

The 4 main LTCs are:



Cardiovascular disease



Cancer



Respiratory disease



Diabetes

3

What have patients told us?

“
Patients
have told
us they
want:
”



Help quickly when they need it



Better support and communications



To stay in their home for as long as it is safe

4

Who is at risk?



People who already have a long-term condition



People who are Black, Asian or from a minority ethnic background



Those who have high blood pressure



Older people



People from disadvantaged backgrounds



People who are very overweight



Those who smoke

5

What we want to do

We will:

Reduce the number of people dying from **cardiovascular, cancer and respiratory disease**, by providing the right support to people in the areas with the highest number of premature deaths



Ensure the **right services** are in the right place for the people who need them most



Work with our **communities** to meet their needs



Improve the quality of life for people with a long-term condition



6

How will we achieve this

For more information on our plans go to: [BCT2_Strategy_-_Final_March_2020.pdf](#) (healthierlsc.co.uk)



We will **engage with our communities** to design and improve services



Empower our patients to avoid, manage and live well with their long-term conditions including those with multiple long-term conditions



Reduce the number of **patients living with** multiple long-term conditions



Improve early detection of long-term conditions to improve management and reduce complications



Promote partnership and integrated working across all agencies – health, social care, community and voluntary sector to deliver high-quality services for people with long-term conditions