

# Bay Health and Care Partners newsletter

Issue 10: April 2022

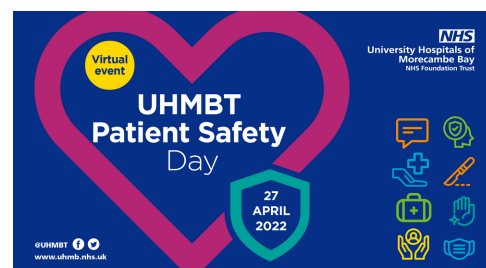
Welcome to the tenth edition of our Bay Health and Care Partners (BHCP) newsletter where we will update you every month on the collaborative work that is taking place in Morecambe Bay's Place-Based Partnership and the outcomes and benefits for communities

We would like to start by drawing your attention to the work that is ongoing by partners to increase people's knowledge of **Place-Based Partnerships**. You may remember we introduced the changes in terminology back in [Issue 4](#) of the newsletter and we're now delighted to be able to show you [a video](#) that describes what we mean by Place-Based Partnerships; what a Place-Based Partnership aims to do and how we plan to work as Place-Based Partnerships across the Integrated Care Partnership. The video also looks at why places are important and how we can work together to support our communities. If you would like more information about Morecambe Bay's Place-Based Partnership please do contact our BHCP Communications and Engagement team at [BHCP.Communications@mbht.nhs.uk](mailto:BHCP.Communications@mbht.nhs.uk)



Lancashire and South Cumbria **New Hospitals Programme** has announced a shortlist of proposals for new hospital facilities. We would encourage you to read these proposals at the New Hospitals website [here](#). You can share your feedback about the shortlist by taking part in the following survey [here](#). The survey closes on Sunday 3 April.

University Hospitals of Morecambe Bay NHS Foundation Trust (UHMBT) is holding its first **Patient Safety Day** event on **Wednesday 27 April** and we are extending the invite to all our colleagues within Bay Health and Care Partners. The day will be an opportunity for colleagues to come together and hear from a range of external speakers to share experience, learning and insight relating to patient safety improvement. Talks and sessions will include hearing from national experts in areas such as human factors, psychological safety, improving safety for invasive procedures and learning from excellence. Please look out for further information very soon, but for now please save the date!



Finally, we would like to mention a system wide inspection the **CQC** is carrying out around urgent and emergency care services across Lancashire and South Cumbria Integrated Care System between 4 March and 31 April. The inspection is themed around the patient journey through the urgent and emergency care pathways and will encompass all services, including primary care, out of hours, community dental, 119, emergency departments, community services, mental health services and regulated care. The outcome of the inspection is not expected to be shared for several months.



**Dr Geoff Jolliffe and Prof Mike Thomas, Joint Chairs for BHCP**

## Partners transforming services

Every month we will explore a different area of our programmes of work that are transforming services. This month we are highlighting that Morecambe Bay's Integrated Musculoskeletal (iMSK) Service has moved its Kendal base from Westmorland General Hospital to Kendal Leisure Centre in the community. This will give approximately 3,500 people per year with complex musculoskeletal conditions better access to holistic care, closer to home. You can read more [here](#).



## Listening to our communities

The voices of our communities are central to our new way of working. Here we will highlight a project that is taking place with young people in Barrow to raise awareness of knife crime. The initiative looks at the effects that carrying a knife can have on potential victims, the perpetrator, families, medical staff, peer groups and the wider community.

The interactive programme was set up in May 2021, after several serious crime incidents in Barrow and concerns that some young people felt the pressure to carry a knife as a means of protection. You can read the story at the BHCP website [here](#).



## GP focus with Dr Sarah Arun

Our GPs are an important part of Bay Health Care Partners and here our GPs and primary care colleagues have the opportunity to talk about issues and specialties that they are working on or interested in.

This month, Dr Sarah Arun, Clinical Director of Barrow and Millom Primary Care Network, shares advice and support on stress in advance of Stress Awareness month (April 2022). Recent research has identified that 65% of people in the UK have felt more stressed since the COVID-19 pandemic restrictions began in March 2020. Causes for concern have included feelings of disconnection, uncertainty, and a worrying loss of control. You can read the full article at the BHCP website [here](#).



## The spotlight on...

Every month we will feature a different voluntary, community or faith sector organisation across the Bay. This time the spotlight is on... Let's BeFriends.

Let's BeFriends was set up by people with lived experience of homelessness, who were involved with the Lancaster City Council-run homeless advisory group. As a result of the Everybody In campaign at the beginning of the Coronavirus (Covid-19) first lockdown, we noticed there was a big gap in the current services for the homeless or people under the threat of homelessness.

You can read the full case study at the BHCP website [here](#). A service user's feedback can be found at the BHCP website [here](#).



## Celebrating our teams

There are a variety of roles across BHCP and other organisations we work with in the community. Here we shine the spotlight on the people who carry out a range of roles to keep our communities healthy and supported.

Jody Davis is a Dispenser and Care Navigator for the James Cochrane Practice in Kendal and has worked for the practice for 22 years. She is a dispenser three days a week and Care Navigator one day a week. She is based at the Helme Chase Surgery which is the practice's main site and where the dispensary is based. You can read the full case study at the BHCP website [here](#).



## ICCs update

Our Integrated Care Communities (ICCs) are integrated teams of health and care workers, voluntary organisations and wider community assets who work together to aim to improve physical and mental health outcomes, promote wellbeing and reduce health inequalities across an entire population.

In this edition, we would like to highlight that a support service that helped thousands of people across the Lancaster District and surrounding areas during the coronavirus (COVID-19) pandemic has been relaunched as Bay Volunteers. You can read the full story on the BHCP website [here](#).



The latest editions of the ICCs' newsletters can be read [here](#).

## Top stories from our Partners

- University Hospitals of Morecambe Bay NHS Foundation Trust** - [New Chief Operating Officer appointed](#)
- Morecambe Bay Clinical Commissioning Group** - [Further investment into adult health care](#)
- Lancashire and South Cumbria NHS Foundation Trust** - [Latest news](#)
- Cumbria CVS** - [Latest news](#)
- Lancaster District CVS** - [Latest news](#)
- Cumbria County Council** - [New online fire safety check tool](#)
- Lancashire County Council** - [New debit card system for NHS Healthy Start Scheme](#)
- Barrow Borough Council** - [Barrow town centre regeneration projects to take a step forward](#)
- South Lakeland District Council** - [Two-year funding investment for Strategic Cultural Partners](#)
- Lancaster City Council** - [Survey launched on Covid-19 self-isolation](#)
- Lancashire and South Cumbria H&C Partnership** - [Latest News](#)

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This newsletter is produced by the BHCP Comms and Engagement Team. If you would like to submit a story please contact Michelle Jordan, Ivan Drozdov and Karen Evans at [BHCP.Communcations@mbht.nhs.uk](mailto:BHCP.Communcations@mbht.nhs.uk)