

### **Bay Health and Care Partners newsletter**

Issue 4: October 2021

Welcome to the fourth edition of our Bay Health and Care Partners (BHCP) newsletter where we will update you every month on the collaborative work that is taking place in Morecambe Bay's Place-Based Partnership and the outcomes and benefits for communities. In this month's message, we would like to focus on some of the changes that are happening across the Integrated Care System and look at the opportunities for people to get involved.



You will notice that there has been a change in terminology used to describe BHCP. Formally known as an Integrated Care Partnership or ICP, BHCP and the other partnerships (Pennine Lancashire, Fylde Coast, West Lancashire and Central Lancashire) are now identified as Place-Based Partnerships. You can find out more about the changes in terminology <u>here.</u> You can find out more about Place-Based Partnerships <u>here.</u>

#### Ways to get involved

We're asking all BHCP staff to take part in a short survey to try and understand the current awareness and knowledge of BHCP amongst colleagues and what further support is needed to ensure staff are informed and involved. We have shared the survey with our BHCP Partners to communicate out to their teams. The survey closes on **Friday 8 October.** You can take part in the survey at the Smart Survey website by clicking <u>here</u>.

#### A big thank you to our teams

You may be aware that our General Practice staff are working through their busiest ever period and we ask that you give them as much patience and support as possible. Doctors' surgeries across Morecambe Bay are open and staff are working hard to make sure patients and the public are kept safe and they continue to get the care that they need. You can read the full story at the Morecambe Bay CCG website <u>here.</u>

We would like to conclude this month's message by highlighting how busy the entire health and care system has been across Morecambe Bay over the past few weeks and how hard colleagues across our hospitals, social care and primary care have been working to respond to these pressures with care and compassion. University Hospitals of Morecambe Bay NHS Foundation Trust (UHMBT) has seen a high number of people attending its Emergency Departments who are sick and need admitting to a hospital bed and is experiencing issues around the discharge of patients. UHMBT is currently operating at its highest level of internal escalation and is working with Partners daily to try and identify alternative care options for patients. Other actions include fast-tracking the recruitment of

additional Clinical Support Workers and implementing additional ward rounds to discharge patients who can go home. We would like to say a big thank you to all our Partners across Morecambe Bay for your efforts during this difficult time.



#### Dr Geoff Jolliffe and Prof Mike Thomas, Joint Chairs for BHCP

#### **Partners transforming services**

Every month we will explore a different area of our programmes of work that are transforming services. This month we will explore the Pain Management Programme (PMP) and how it is giving people more confidence and the tools to manage their conditions. You can read the full story at the BHCP website <u>here.</u>





### **Listening to our communities**

# How a Community Network Action is helping to tackle challenges faced by people living in the West End of Morecambe

Yak Patel, Chief Officer of Lancaster District Community and Voluntary Solutions (CVS), and Dr Andy Maddox, GP and Primary Care Network Clinical Director, shared their experiences of setting up a Community Action Network (CAN) in the West End of Morecambe. The CAN involves a range of people working together to make a difference to the health and wellbeing of people living in the area. Those involved in the CAN to date are Lancaster CVS, Bay Primary Care Network (PCN), More Music, Stanley's Community Centre, West End Morecambe Big Local, The Well Communities, West End Impact, Home-Start UK, Bay Medical Group and Bay Integrated Care Community.

The CAN was set up in 2019 and aims to look at how it can make the best use of the assets in the local area to reduce health inequalities, in particular, the focus has been on looking at how to support health and wellbeing from the ground up and provide support for people who really need it but who are not always 'seen'. The CAN uses a Population Health approach meaning that the focus is on all determinants of health, not just healthcare.

You can read the full story at the BHCP website <u>here</u>. A case study is available to read at the Institute of Voluntary Action Research website <u>here</u>.

# **GP focus with Dr Pat Haslam**

Our GPs are an important part of Bay Health Care Partners and here our GPs and primary care colleagues have the opportunity to talk about issues and specialties that they are working on or interested in. This month, Dr Pat Haslam, local GP and Clinical Lead for Morecambe Bay Respiratory Network, goes through top tips for colleagues treating people with respiratory conditions during winter. You can read the full story at the BHCP website <u>here.</u>

# The spotlight on...

Every month we will feature a different voluntary, community or faith sector organisation across the Bay. This time the Spotlight is on... Drop Zone Youth Projects. Drop Zone Youth Project in Barrow in Furness was founded to educate young people through leisure time activities so to develop their physical, mental and spiritual capacities that they may grow to full maturity as individuals and members of society. You can read the full case study at the BHCP website here.





Yak Patel (top image) and Dr Andy Maddox (bottom image)







There are a variety of roles across BHCP and other organisations we work with in the community. Here we shine the spotlight on the people who carry out a range of roles to keep our communities healthy and supported.

Craig Lyons is a Public Safety Officer for Bentham. Craig's role is largely a preventative based role focusing on helping the community to be safe and feel safe. You can read more about Craig's role at the BHCP website here.

## **ICCs update**

Our Integrated Care Communities (ICCs) are integrated teams of health and care workers, voluntary organisations and wider community assets who work together to aim to improve physical and mental health outcomes, promote wellbeing and reduce health inequalities across an entire population.

In this edition, we focus on health checks that have restarted in Kendal and Lancaster for farmers and their families. You can read the full story at the BHCP website here.

The latest editions of the ICCs newsletters can be read here.

### **Top stories from our Partners**

University Hospitals of Morecambe Bay NHS Foundation Trust - Acute stroke centres Morecambe Bay Clinical Commissioning Group - COVID-19 booster vaccinations Lancashire and South Cumbria NHS Foundation Trust -Nominations for governor elections now open Cumbria CVS Latest news Lancaster District CVS Latest news Cumbria County Council - £5m maintenance works on Jubilee bridge completed Lancashire County Council - Putting people at the heart Barrow Borough Council - New outdoor gym equipment South Lakeland District Council - New app to help safeguard local heritage Lancaster City Council - Eden submit planning application **Click here to** Lancashire and South Cumbria H&C Partnership Latest news subscribe to the BHCP

This newsletter is produced by the BHCP Comms and Engagement Team. If you would like to submit a story please contact Michelle Jordan, Ivan Drozdov and Karen Evans at BHCP.Communcations@mbht.nhs.uk

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