

Service changes

02

Health Heroes

03

Let's Talk Cancer

04

Coronavirus update

Welcome to the eleventh bulletin providing you with an update of what has been taking place across Morecambe Bay to tackle the current coronavirus (COVID-19) pandemic.

Whilst the latest news shows that restrictions have been lifted in Wigan, Darwen and Rossendale. The Government and local leaders have agreed to additional measures to curb the spread of the virus in towns and cities not that far away from us - Blackburn, Oldham and Pendle. You can read more [here](#). We urge everyone in our communities across Morecambe Bay to continue to take all the necessary precautions they can against spreading the virus.

As our children and young people embark on going back to school, the Government has advised that pupils in Year 7 and above in lockdown areas such as Greater Manchester wear face coverings in school corridors or where social distancing is more difficult – an important step in continuing to ensure the safety of our young people and their families.

Despite there being a sense of normality with our restaurants, shops and schools reopening, the pandemic is still with us. We need to continue to protect ourselves and our loved ones as we move into the winter months.

Winter normally brings its own challenges including influenza and sickness bugs, and as a result we see a higher number of people being admitted to hospital and a greater demand for our primary and community services. This year we have the added pressure of dealing with active coronavirus cases and planning for a second wave.

With this in mind, we are working hard to put plans in place to support and protect our colleagues, patients and visitors and ensure we can cope with demand across our health and care system in Morecambe Bay. We will start to share our winter messages over the coming weeks.



Aaron Cummins



Jerry Hawker

Joint Chief Operating Officers – Bay Health & Care Partners

Tackling the

Within the following pages you'll find out more about how we are continuing to respond to the pandemic.

BHCP ask for your views on service changes during COVID-19

Over the past few months, there have been a number of changes to services in our hospitals, GP surgeries and in the community across Morecambe Bay in response to the risks posed by the coronavirus (COVID-19) pandemic.

To ensure local health and care services across the Bay remain safe for our staff and patients, the Bay Health and Care Partners (BHCP) moved services to COVID-safe sites and introduced safer and more efficient ways of working.

Over the coming weeks we will be launching a new BHCP Let's Talk online space to explain what's happened, hear people's experiences and answer their questions. Keep your eyes peeled for more updates about this. We have also made three videos with staff in our hospitals and primary care explaining more about these changes - coming soon!



COVID-19 funded projects

Thank you to everyone that has supported the Cumbria COVID-19 Response Fund.

Cumbria Community Foundation is working hard with charities and groups to make sure local needs are met during this time.

You can find out more about these projects at <https://www.cumbriafoundation.org/covid-19-funded-projects/>

COVID-19 Rehabilitation Pathway

During the COVID-19 pandemic, UHMBT's Integrated Community Care Group has worked collaboratively with partners to develop a post COVID-19 Rehabilitation Pathway. The pathway consists of three interdependent arms, providing support to people who are experiencing sustained effects from the virus.

People can be referred directly to any arm of the pathway to meet their holistic requirements and can also transition between the arms, depending on their needs. If you think a patient has a rehab need, please refer to the usual rehab service in the ordinary way and the team will triage the referral appropriately.

Take a look at the attached model of COVID rehabilitation for Morecambe Bay [here](#).

Health Heroes Awards 'unpaused' following pandemic

Our Bay Health and Care Partners (BHCP) Health Heroes awards, which were temporarily halted due to the COVID-19 pandemic, is being resumed so that the winners can be recognised for the excellent work they did last year.

Our Health Heroes award are a hugely important way of recognising colleague achievements and we want to ensure that we acknowledge all of the nominations we received and are able to truly celebrate the achievements of individuals and teams across BHCP.



In light of the pandemic, this year's Health Heroes Awards will be held in a different way and will highlight pre-lockdown achievements.

We are putting new measures in place so that we can still honour our fantastic colleagues, however we will not be able to hold a large-scale event as in previous years.

The nominations for 2019 closed at the beginning of March 2020 and our judges will shortly be looking over the nominations and choosing the winners.

Our Health Heroes awards scheme acknowledges the excellence and dedication of colleagues, governors and volunteers across our Bay Health and Care Partners (BHCP).

What makes the Health Heroes particularly special is that, along with colleagues, our patients, visitors and members of the public can nominate who they think we should be celebrating. This is incredibly important because it is these people and their families that we all come into work to help and serve; their opinion really matters!

The judges will be judging the following categories for achievements in 2019:

- **Excellence in Patient Safety Award**
- **Outstanding Improvement in Patient Experience Award**
- **Going the Extra Mile Award (winner picked by patients)**
- **Student/Trainee of the Year**
- **Leader of the Year (winner picked by Aaron Cummins, Chief Executive)**
- **Innovation and Research Award**
- **Inclusion and Diversity Award**
- **Team of the Year (under 10 people)**
- **Team of the Year (over 10 people)**

Our Executive Team still feels it is essential that we recognise and celebrate the outstanding work of colleagues, even though the pandemic has meant we will need to do things differently.

A massive 'thank you' to everyone who took the time to put in a nomination and give our colleagues the recognition they truly deserve.

We will let you know when the results can be announced and keep you updated as to how the winners will be honoured.

Aaron Cummins
Chief Executive

Professor Mike Thomas
Chair

Let's Talk Cancer

You can find below the latest set of cancer related content which has been developed for use across Lancashire and South Cumbria.

Cancer appointments

Cancer appointments news article:

<https://www.healthierlsc.co.uk/latest-news/cancer-appointments>

Cancer appointments video: <https://youtu.be/8VRxZQB2C-o>

Social media edits / shorter videos:

What it is like visiting hospital for cancer appointments during COVID-19:
<https://youtu.be/3wqSn9ChgN8>

How technology is being used for cancer treatment during COVID-19:
<https://youtu.be/-kqhgyYRSsc>

Why it is so important to attend cancer appointments: <https://youtu.be/uDrilUtc0gk>

Social media edits available to download from:
<https://future.nhs.uk/healthierlsc/view?objectId=21753648>

Case study – remote consultation

Remote cancer consultation case study news article:

<https://www.healthierlsc.co.uk/latest-news/remote-consultations-cancer>

Video: <https://youtu.be/TWAcdiHDaZU>





‘I’d encourage anyone who has signs, symptoms or worries about possible cancer not to delay and to contact their GP right away.’

Alison from Blackburn

ACE Volunteer Befriender Training

Ace is looking for Volunteer Befrienders aged 18 to 25 to offer support to young people aged 16 to 25 who are experiencing difficulties managing their emotional wellbeing.



Our training will be via zoom starting in September on Tuesday and Thursday evenings for two hours for four weeks with some light homework.

What skills do I need? A friendly disposition, Good communication skills, To be an effective listener, Be respectful, have a sensitive manner and non-judgemental approach.

ACE will support you by:

- ensuring that volunteers are matched to roles that fit their skills and experience
- providing you with relevant training before you start your volunteering role
- providing guidance and support whilst volunteering

What you will gain from this opportunity:

- experience and skills valuable to employers and training/education providers
- the opportunity to impact positively on a young person
- their outlook and development
- a chance to try new activities or revisit ones you haven’t done for years
- training (around 16 hours) as part of the recruitment and selection process
- agreed expense can be claimed.

Have fun, meet new people and get a sense of achievement.

For more information please contact our team on Befriend@a-c-e.org.uk or call 07470752114.

Patients asked for their views about the future of Windermere and Bowness Medical Practice

OneMedical Group, the GP provider of Windermere and Bowness Medical Practice, has provided notice of its intent to hand back the GP contract to Morecambe Bay CCG.

The CCG are working very closely with OneMedical Group and other services to ensure patients will have access to continued provision in the local area.

In the meantime, Windermere and Bowness Medical Practice will remain fully open and patients can continue to access the surgery as normal. You can read the full statement [here](#).



At the Primary Care Commissioning Committee on Tuesday 18 August, the options for the future of Windermere and Bowness Medical Practice were discussed alongside initial comments from a number of stakeholders. The committee agreed that to be able to make a fully informed decision in the best interests of local patients, that further engagement with potential providers (known as a market testing exercise) should be completed along with a patient engagement and involvement exercise.

Patients at Windermere and Bowness Medical Practice are being asked to complete a survey, available online or by paper copy, to share their views about their priorities for future service provision.

You can find out more about this and complete the survey [here](#).

Community support bulletin for Lancaster, Carnforth and Bay Integrated Care Communities

The latest support bulletin for Lancaster, Carnforth and Bay Integrated Care Communities is out now.

The bulletin offers the last information and details for:

- NHS and Government agencies
- wellbeing and lifestyle
- Holistic support
- Community support
- Pets and animals
- Mental health support for adults

- Foodbanks and clubs
- Community support
- Pastoral/spiritual

You can find the latest bulletin at <https://www.healthierlsc.co.uk/morecambe-bay/news/community-support-bulletin-lancaster-carnforth-and-bay-integrated-care-communities>

Lancaster CVS Independent Age Grants Fund

The third and final round of the Independent Age Grants Fund opened on Monday 17 August.

Grants of between £5,000 and £15,000 are available to help smaller organisations across the UK working with older people hardest hit by the pandemic.

The funding will focus on supporting two main groups – older people living in complex and challenging situations and older people in danger of being out of sight and out of mind.

The deadline for applications is 9am on 11th September. Find out more and apply [here](#).

Theatre Reopening Fund

Grants of up to £5,000 are available to not-for-profit theatres across the UK to help make Covid-19 related adaptations and prepare for re-opening. The fund will support building improvements and purchasing equipment that will support the theatre to open viably and safely.

The scheme will run on a rolling basis throughout 2020. Find out more and apply [here](#).

The Phoenix Fund

The £1m Phoenix Fund will support Black, Asian, and Minority Ethnic charities and groups in England that are working in the heart of their communities during the COVID-19 pandemic. The fund will provide flexible core funding to organisations providing essential and emergency services, support, and education tailored to the BAME community.

There are four short application windows with deadlines on 21 August, 2 September, 16 September and 13 October. Find out more and apply [here](#).



Keep up to date

We are keeping staff, stakeholders and the public up to date in various ways, including a daily email bulletin for staff, this e-update for stakeholders and regular information for the public.

If you want to keep up to date, you can access recent news on our website:

www.healthierlsc.co.uk/morecambe-bay

Or social media:

Twitter: @MorecambeBHCP

Facebook: UHMBT



This newsletter has been created by the Bay Health and Care Partners:

University Hospitals of Morecambe Bay NHS Foundation Trust (UHMBT); Morecambe Bay Clinical Commissioning Group (MBCCG); Morecambe Bay Primary Care Collaborative; Lancashire and South Cumbria Care NHS Foundation Trust; Cumbria County Council; Lancashire County Council; North West Ambulance Service (NWS).