



Lancaster Integrated Care Community - Community Support Bulletin - updated - 19.08.2020 - 3pm



please note we are not promoting individual organisations or businesses, just collating offers received or being shared on social platforms

neither are we able to accept liability for service delivery relating to any offers shared

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Organisation/Company Name	Community Offer	Contact Details
Food/Grocery's		
Food Banks/Clubs		
Lancaster City Council Emergency Food Team	For those who need emergency food - see the Get Help section of the website for who can get help. Individuals cannot refer themselves, they need to be referred by one of the foodbank partners. See the website to find out who the partners are. Churches, charities etc can also sign up to become a referring agency.	www.lancasterdistrictcovid19.org.uk 01524 932 001
Eggcup Food Club (membership required)	£3 per week for a bag of good quality surplus food in addition to eggs, milk and bread. Currently delivering door to door. To become a member please call this number: VOLUNTEER - currently looking for people to work in the depot and delivery drivers (using their own vehicle), call for more info	01524 389584 01524 389584
The Olive Branch	Food Bank available to anyone unable to buy food for themselves, please Citizen's Advice to be referred	Citizen's Advice - 01524 400404

Morecambe Bay Food Bank	<p>"If you are worried about affording food, if you're struggling with money and if you need our help, there's no shame. This is an unprecedented situation"</p> <p>To get a food parcel referral call Citizen's Advice or the City Council Team. Or look at the list of referral agents on the website here and call the one you're most comfortable contacting.</p>	<p>Citizen's Advice - 01524 400404 Lancaster City Council Team - 01524 582000 https://lancasterdistrictcovid19.org.uk/agencies</p>
Lancaster and District Homeless Action Service Ltd (LDHAS)	<p>NOW RE-OPENED and offering a limited service for street homeless people. Casework support now re-introduced. Food, shower & laundry facilities available - max 45 min stay, only 3 people in building, social distancing protocol in place. Open Mon-Fri 9.30am - 1pm</p>	<p>01524 842008</p>
Eggcup, Lancaster & Morecambe College, Chefs Catering Northwest	<p>Producing & distributing nutritious frozen meals for vulnerable residents who may be unable to cook, if eligible will also receive staple ingredients for light breakfasts and lunches. Contact Age UK Lancashire to check eligibility and to be referred. Free service but donations to the Urgent Response Fund (see Donations tab in this spreadsheet) are welcome.</p>	<p>0300 303 1234 advice@ageuklancs.org.uk</p>
Skerton Food Club, Melbourne Club	<p>A group that intercepts food waste, see Public Group on Facebook for more information and to contact</p>	<p>Facebook: skerton community food club</p>

Gregson Community Association	A Charity that owns & supervises the Gregson Centre. Distributing food parcels over the summer to families with school aged children living in the Bulk ward of Lancaster. Contact Marcia Smith by email for confidential support	Facebook: Gregson Community Association Email: m.smith@gregson-community-association.org.uk
The Well - Well Fed Food Club	Every Friday 12.30-1.30pm, weekly membership is £3. Come along, have a natter and select products form their weekly ranges.	01524 415919 info@thewell2.co.uk Regent Park Avenue, Morecambe 27
Local shops/ businesses		
Westgate Frozen Foods	Free local home delivery service or socially distanced collections. See Facebook for product lists. Call or send message on Facebook to order.	01524 752776 Westgate Foods Ltd Facebook:
Gregory Williams Butchers Lancaster	New website to place orders & for product lists, free Local Deliveries over £20. Orders can still be place by phone.	01524 32250 Gregory Williams Butchers https://gregorywilliamsbutchers.co.uk/ Facebook:
Cornvale Fine Foods	Home delivery of groceries, meat and fresh produce (fruit, salad, veg). On-line ordering or order forms can be found on the website, currently delivering to LA1 to LA11. Order process/boxes also on Facebook post of 14th June.	015242 22420 sales@cornvalefoods.co.uk Cornvale Fine Foods https://cornvalefoods.co.uk/ Facebook:
Wiltshire Farm Foods	National frozen meals home delivery company, priority helpline for the Extremely Vulnerable	0800 077 3100 www.wiltshirefarmfoods.com Dedicated phone line for those contacted by the NHS as Extremely Vulnerable ONLY - 0800 046 5614

Oakhouse Foods	National deliverer of frozen foods	0333 370 6700 https://www.oakhousefoods.co.uk/
Sands Milk	Free home delivery of milk, juice and dairy products to Lancaster, Slyne, BLS, Carnforth, Kellets.	01524 941818 07415 727727 sandsmilk@hotmail.com Facebook: Sands Milk
Althams Butchers Westgate	Home delivery of meat packs - gammon, steak, mince, sausage, chicken, ham. Online ordering.	01524 388800 www.althamsbutchers.co.uk
Brookhouse Store & Post Office	Contact the shop if you need a home delivery (Brookhouse only).	01524 770544 Text: 07405 189369 or 07540 538694
Bare Lane News	Newspaper deliveries to home or business (Bare, Torrisholme, Morecambe areas).	01524 410662
Dewlay Cheese	Stay at Home cheese boxes, small £15 up to family sized £50, next day delivery (or free to Garstang area on Wed&Fri), pay online. Shop open Mon-Fri 9.30am-4pm	01995 602335 www.dewlay.com
Happy Hens	Eggs, milk, butter, cream, bread, Juice, delivered to your door in Lancaster, Morecambe and surrounding areas.	01524 68592 07725 752170 or 07999 066383
Parsley Box	National ready meal provider - cupboard stored, no need for fridge/freezer.	0800 612 7225 www.parsleybox.com
Chefs Catering Northwest	Home delivery & collection of hot food, buffet lunches and afternoon teas throughout Lancaster/Morecambe	07584 855036 Facebook: Chef's Catering Northwest Email:

	Chef's Catering At Home now has new website for meal	https://homelymeals.cloudwaitress.com/	
Londis, Slyne	Local home deliveries, text to order, cash only.	07586 769158	
Coastal Road Hest Bank Spar	Home deliveries of locally sourced meat, fruit & veg. Minimum order £25. Prior payment by card on phone.	Email: Danlowe205050@gmail.com 822788	01524
Billys Eggs	Home deliveries on a Thursday to Central Lancaster & Morecambe only of eggs, butter, cheese, honey, jams, pickles. Please order via a private message on Facebook, updated price list on Facebook post 11th June.	07784 933630 Billyseggs123	Facebook:
Countrystyle Meats Farmshop	Farm shop & Ice Cream Parlour open. Also offering click and collect or home delivery (see Facebook post on 14th June for the day in your area). Currently website for browsing only - email your order, customer service phone line 9am-12noon	01524 841111 Facebook: Countrystyle Meats Farmshop www.countrystylemeats.co.uk sales@countrystylemeats.co.uk	
Greenlands Farm Shop	The Farm Shop is open 10am - 5pm daily. Call to arrange for a non-contact car boot drop. Free home delivery between Kendal & Lancaster, call to arrange.	Facebook: Greenlands Butchers Facebook: Greenlands Farm Village 784198 OR 784184 - option 3 info@greenlandsfarmvillage.co.uk	01524

George Speight & Sons Ltd	Community, Street & Home Deliveries of fruit & veg, dairy & meat. Call between 6.30-11.30am for same/next day free delivery. DO NOT leave an answer machine message, just keep trying. Pay over the phone, prices may vary due to wholesale.	Facebook: George Speight & Sons Ltd 01524 64245
Whitewells Catering	Home deliveries of food & drink to LA1 to LA5 postcodes,	https://shop.whitewellsltd.co.uk 01524
Bare Village Butchers	Shop open with social distancing in place. Place orders on the website or by telephone for free next day delivery in the LA4 post code area - £2 charge for LA1,2,3 & 5	www.barevillagebutchers.co.uk Facebook: Bare village butchers & deli 01524 410589
Filbert's Bakery	Open and also delivering using volunteers to those who are self-isolating. Menu & prices on left hand side of Facebook page.	07811 962 622 Facebook: Filbert's Bakery
The Port of Lancaster Smokehouse	Fresh fish and meat deliveries - free delivery if local for orders over £60	01524 751493 www.lancastersmokehouse.co.uk sales@lancastersmokehouse.co.uk

Lancaster Guardian - Info Page	A list of businesses and food and drink delivery services in Lancaster and Morecambe that are still open to the public	https://www.lancasterguardian.co.uk/news/list-businesses-and-food-and-drink-delivery-services-lancaster-and-morecambe-still-open-public-during-coronavirus-lockdown-2548637
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* At the date at the top of this document all of the above are still open/offering services as described, please note things change daily, we will try to keep this sheet as up to date as possible.