VANGUARD: Better Care Together

Case study:

Joint Winter Communications Planning



STAY WELL THIS WINTER

To ensure that the population of Morecambe Bay receive coordinated messages to help everyone have a happy and healthy winter, rather than different messages from different organisations.

Purpose:

All NHS and social care organisations face additional pressures during the winter period and as a result each organisation releases their own winter messages. We wanted to maximise our efforts and time our messages to help our local communities prepare for winter.

Following a meeting of the Bay Health and Care Partners strategic communications and engagement group, it was agreed that a joint approach would produce better results and a 12 week themed plan was then developed.

Context (processes and conversations)

An initial meeting of communications representatives from Bay Health and Care Partners was held in October. It was led by an external facilitator – and was designed to promote closer working and better use of resources.

From the meeting partners agreed to develop the framework for a 12 week plan, with a different winter theme promoted each week.

The BHCP operational group then agreed a telecom each week to ensure each organisation is on track with requirements – social media schedule; filming schedule; media interviews; posters / campaign literature. This allows for additional support to be allocated when required, ensures everyone has the same materials to work with and makes the most of each other's skill areas.

At a meeting of the partners a series of co-ordinated steps were agreed, to ensure an overall systematic approach was taken for winter, as follows:

Step 1: Identify key messages from partners. - We requested the current or previous year winter plans from each organisation and amalgamated into a workable single plan.

Step 2: Each organisation nominated which week(s) they would lead on and request support from other partners, eg filming support; retweeting key messages; distributing materials etc.

Step 3: Arranged a weekly teleconference to highlight any last minute issues or requests for additional support. This also helped to co-ordinate overall messages. This was also an opportunity for the lead organisation to share the resources for the following week in advance (e.g. tweet schedule, YouTube links, radio advertisement schedule).

How it works, setting out the steps:

Step 4: We repeated the process for the 12 week period, ensuring that support is available to cover for unexpected periods of absence (e.g. bereavement, illness)

Step 5: Allow for the unexpected, i.e. outbreak of norovirus, A&E becoming overwhelmed etc.

The weekly themes are:

- 1. 'Perfect Week': A&E and discharge from hospital initiative
- 2. Self Care: tips and hints to help with common conditions
- 3. Flu Vaccination
- 4. Stay well and repeat prescriptions
- 5. Medicine cabinet
- 6. Loneliness
- 7. Alcohol Awareness
- 8. Look after your mental health
- 9. New Year resolutions
- 10. Nutrition and physical activity
- 11. Mental Health
- 12. Primary Care

Change elements	This approach builds closer working relationships between the various teams involved. For example, one team may have a social media expert, another may have a particularly engaging spokesperson – this approach brings those team members together, allowing for a new approach which individually may not have been possible. Organisation's involved: • University Hospitals of Morecambe Bay NHS FT • Cumbria Partnership NHS FT • Lancashire Care NHS FT • NHS Lancashire North CCG • NHS Cumbria CCG • Blackpool Teaching Hospitals NHS FT • North West Ambulance Service • Lancashire County Council • Cumbria County Council • South Cumbria Primary Care Collaborative - GP Fed • North Lancashire Medical Services - GP Fed 2) Engagement This approach means that the local population receive coordinated messages, with all organisations 'singing from the same hymn sheet'. By providing a 'core' NHS message, we ensure that as many people as possible receive the same advice.
Success so far:	To date the campaign has been successful in bringing colleagues together to agree a single plan for winter communications. Week 1 of the winter plan got over 70,000 impressions (views) on twitter for key messages. The BCT twitter account has 181,000 views between 7 th November and 16 th December, these statistics do not include our 11 partner organisations so the overall figure is higher
Lessons learnt:	 It is important to build relationships early. Using an external facilitator can help to keep discussions on track and avoid 'silo thinking'. It is vital to ensure that social media accounts are linked (e.g. following on twitter) Use your experts: GPs, Paramedics, Nurses and Consultants are excellent spokespeople – making films of these people giving key messages, which can then be retweeted are very popular Each partner organisation will have different strengths and it's important to choose themes with this in mind e.g. mental health organisation leading on themes such as social isolation and loneliness
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