

Free Training for School Staff



Funded by:



Thomas Whitham
Sixth Form



Monday 12th November 2018

Adverse Childhood Experiences (ACEs), assessing and understanding children's mental health

Who Is It For?

This session is aimed at primary and secondary school staff, especially SENCOs, pastoral leads, mentors, or any other staff with specific responsibility for pupils' emotional health. It is particularly relevant for schools developing a 'Designated Lead for Mental Health' role.

What Will I Learn?

- The impact of Adverse Childhood Experiences (ACEs) on children and families, and how these affect emotional health and wellbeing
- Practical ways to identify children at risk of mental health difficulties, and assess pupils' mental health needs
- Ways to use resources and tools to help plan interventions and further support children and their families

This training session is **FREE OF CHARGE** for all primary and secondary school staff in Lancashire schools.

Date, venue and time: Monday 12th November, from 9.30am – 4.00pm at Thomas Whitham Sixth Form, Barden Lane, Burnley.

This day is part of a comprehensive suite of sessions providing relevant training for the 'Designated Mental Health Lead' role in schools, as outlined in the recent government Green Paper.

For information on how to book a place, go to: <http://www.p-a-c.org.uk/projects/training/>

For any queries contact us at: lehss@lancaster.ac.uk

Who is providing the training?

The training is provided by the Lancashire Emotional Health in Schools Service. This service is a joint initiative between Lancashire County Council and Lancaster University, funded by LCC Public Health to provide training and support to Lancashire schools around children's mental health issues.

The day will be led by Dr. Richard Slinger, LEHSS Service Lead. Richard is an experienced clinical psychologist with many years' experience of working in NHS CAMHS and child psychology services, and extensive experience of working collaboratively with schools.

What will I learn?

This training day will help you learn about Adverse Childhood Experiences (ACEs) and how these impact upon the mental health of children and their families.

We will cover practical ways to identify and assess pupils' mental health needs. You will be introduced to a range of effective methods for assessing mental health difficulties, and have opportunities to practice these during the day.

You will learn ways to effectively use the outcomes of assessments to help yourself, young people and families better understand mental health needs, as well as ways to use assessment to help inform intervention plans and requests for support from external agencies.

All slides and resources, and additional training materials, will be available to download after the session, to enable attendees to cascade the training within their school settings.

Where is it being held, and how much does it cost?

This training is free of charge for anyone working in primary and secondary schools in Lancashire.

The training will take place at Thomas Whitham Sixth Form College in Burnley. We will provide refreshments, but lunch is not provided. Parking is free at the venue.

Please share this information with anyone else eligible to attend. Places are limited to 30 and will be allocated on a first come, first served basis.

What have previous attendees said about this training?

"Course leaders were excellent, providing a well-planned combination of presentation and audience engagement activities"

"It was really useful to understand children's behaviours in terms of whether there is an underlying issue or cause, as well as think about what their behaviours might be communicating."