

Free Training for School Staff



Funded by:



Thomas Whitham
Sixth Form



Monday 10th December 2018

Using Attachment Theory To Inform Our Work and Interventions

Who Is It For?

This session is aimed at primary and secondary school staff, especially SENCOs, pastoral leads, mentors, or any other staff with specific responsibility for pupils' emotional health. It is particularly relevant for schools developing a 'Designated Lead for Mental Health' role.

What Will I Learn?

- Better understand pupils' behaviour, relationships and emotions by using attachment theory
- Use knowledge of attachment as way of helping to understand a pupil's needs
- Find ways to help a young person to develop better relationships and engage better with school life

This training session is **FREE OF CHARGE** for all primary and secondary school staff in Lancashire schools.

Date, venue and time: Monday 10th December, from 9.30am – 4.00pm at Lancaster University, Main Library Building.

This day is part of a comprehensive suite of sessions providing relevant training for the 'Designated Mental Health Lead' role in schools, as outlined in the recent government Green Paper.

For information on how to book a place, go to: <http://www.p-a-c.org.uk/projects/training/>

For any queries contact us at: lehss@lancaster.ac.uk

Who is providing the training?

The training is provided by the Lancashire Emotional Health in Schools Service. This service is a joint initiative between Lancashire County Council and Lancaster University, funded by LCC Public Health to provide training and support to Lancashire schools around children's mental health issues.

The day will be led by Dr. Richard Slinger, LEHSS Service Lead. Richard is an experienced clinical psychologist with many years' experience of working in NHS CAMHS and child psychology services, and extensive experience of working collaboratively with schools.

What will I learn?

This training day will help you learn how to better understand pupils' behavior, relationships and emotions through using an understanding of attachment theory. We will work through case studies to apply this knowledge in order to understand pupils' needs, and then discuss strategies staff can use to help pupils develop better relationships and engage better with school life.

All slides and resources, and additional training materials, will be available to download after the session, to enable attendees to cascade the training within their school settings.

Where is it being held, and how much does it cost?

This training is free of charge for anyone working in primary and secondary schools in Lancashire.

The training will take place at Lancaster University. We will provide refreshments but lunch is not provided. Visitor parking is £3 for the day.

Please share this information with anyone else eligible to attend. Places are limited to 30 and will be allocated on a first come, first served basis.

What have previous attendees said about this training?

"It helped me get a better awareness of how a pupil might respond in some situations, and why. It will definitely change our approach to some issues as a result."

"I learnt a lot about influences of attachment on behaviour and understanding different attachment styles. Coming to the training helped me think about strategies to support pupils and how to inform parents & colleagues."