Clinical Partners



Introducing Clinical Partners

A fact sheet for NHS Leaders

Your partner in mental health



Mental health specialist and long-standing NHS partner

Clinical Partners is a leading mental health and neurodevelopmental provider, working in partnership with NHS organisations to deliver accessible, high-quality care that is efficient, clinically robust, and focused on achieving the best outcomes for patients.

Our outcomes-led approach combines multidisciplinary expertise, advanced technology, data and analytics, innovation and continuous improvement.

We work in partnership with NHS Providers and commissioners across England to design and deliver end to end assessment and treatment pathways, waiting list initiatives and triage services as sustainable, long-term solutions.

We have been a trusted partner to the NHS since 2017 and have supported over 150,000 NHS patients across every ICB and a growing number of NHS Provider Trusts. We are rated Good by the CQC and our Trustpilot rating is 4.7 out of 5.

Facing the challenge together

Demand for mental health and neurodevelopmental services has grown faster than NHS capacity for years. The pressures are well-known:

- Autism waiting lists have grown by approximately 70% since 2019
- 90% of patients wait longer than the 13-week NICE standard for neurodevelopmental assessment
- Over 450,000 referrals are made to mental health services every month in England
- Half of children referred to CAMHS services in 2025 were turned away
- The independent sector now delivers at least 50% of all NHS ADHD assessments and more than a third of all NHS autism assessments

We can help you

Clinical Partners works alongside NHS trusts and ICBs to design and deliver end-to-end services that address these challenges. We work with NHS providers and commissioners to:

- Improve access to high-quality, safe and effective care
- Drive measurable improvements in clinical outcomes
- Enhance patient and family experience
- Improve efficiency through technology and innovation.

We work in collaboration with NHS providers and commissioners by partnering to co-design solutions aligned to your needs and priorities; working in alignment with your systems and governance; and building long-term, sustainable solutions, as well as meeting short- term demand. We can help with

Neurodevelopmental assessment and diagnosis of autism and ADHD for children, young people and adults, in line with NICE guidelines

General outpatient psychiatry and psychology including complex mental health, psychotherapy and medication management

End-to-end pathway delivery including prevention and early support, access and triage, assessment and formulation, diagnosis, treatment, medication management, ongoing care and family support

We also develop innovative, clinically-led patient support solutions such as Real Life, an online library of content combining lived experience and clinical insight to support patients and families throughout their journey.

Where we work

We deliver services across England online through a secure virtual platform and patient portal and face to face through a network of 22 clinics nationwide. This hybrid model allows us to deliver clinically-appropriate care, and optimised patient experience, and equality of access whatever the patient's need, location or technology literacy.

Who we work for

For the NHS, we hold key qualifying contracts which enable us to support all 36 NHS ICBs and work directly with NHS Providers. We are commissioned through NHS Right to Choose and through direct block contracts and waiting-list initiatives.
We also support patients referred by private medical insurers and we are a trusted partner to Bupa, AXA Health, Vitality, Healix and WPA, where we applying the same clinical standards to our privately insured patients as to NHS referrals. We accept self-funded private patients as well.

Clinical Partners by numbers

150,000+
NHS patients supported since 2017

120,000+
patients supported in the last year alone

36
NHS ICBs we currently serve

450+
specialist clinicians in our network

22
NHS and private clinics across England

400+
employees

First-class quality, governance and accreditation

Our clinical governance is led by senior psychiatrists who oversee quality, safety and clinical standards across all areas of care. Dr Alice Parshall is our Chief Medical Officer, and our Healthcare Director is Dr Paul Wallang

Their leadership ensures care is clinically led and professionally governed, with every individual receiving the right level of support, delivered consistently and responsibly. You can be confident that your patients are in safe hands, even when their needs are complex or risk is high.

We hold ourselves to exactly the same standards expected of NHS providers:

- We are CQC registered and rated Good
- ISO 9001 certified Quality Management System (Certificate No. GB2005664)
- ISO/IEC 27001 certified Information Security Management (Certificate No. ISM7799353)
- DCB0160 NHS clinical safety standard compliant
- Cyber Essentials Plus certified
- Living Wage employer



Guided by research and driven by innovation

Clinical research

Clinical Partners plays an active role in advancing the evidence base for mental health and neurodevelopmental care. We collaborate with recognised clinical, academic and research institutions, including:

- Child Outcomes Research Consortium (CORC) — the leading UK body for children and young people's mental health outcome measurement
- Erasmus MC / Sophia Children's Hospital — one of Europe's leading paediatric academic medical centres
- World Health Organization
- Wellcome Trust
- Royal College of Psychiatrists

These partnerships directly shape how we design and continuously improve our clinical pathways, and how we measure and report on patient outcomes.

Technology Innovation

Clinical Partners is committed to continuously improving outcomes, patient experience and efficiant delivery through innovation in technology. We were named 2026 Digital Revolution Award winner for Digital Transformation Project of the Year for our ADHD Medication Pathway programme. Our digital platform is integrated with the NHS Electronic Prescription Service and electronic Referral Service and accessible to patients in the NHS App. We are scaling up the use of ambient voice technology to support clinicians to help more people sooner.

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