Integrated Care Board

Date of meeting	27 th July 2022
Title of paper	Establishing the Integrated Care Board, system diagnostic: Inherited risks and issues, strategic aims and early priorities for the Integrated Care Board
Presented by	Kevin Lavery, Chief Executive
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Agenda item	5
Confidential	No

Purpose of the paper

This paper identifies a number of risks and challenges inherited by the new Integrated Care Board (ICB) for Lancashire and South Cumbria.

The paper also contains proposals for a set of strategic aims for the organisation and confirms that plans are now being developed by the Executive to take action against a defined group of early priorities.

Executive summary

The Health and Care Act 2022 has established a statutory Integrated Care Board (ICB) from 1st July 2022. The ICB is now a key system partner within the Lancashire and South Cumbria Integrated Care System.

This paper confirms that the Chief Executive and ICB Executive team have undertaken a diagnostic of the major challenges facing the new organisation and wider health and care system. The Executives have also developed a number of strategic aims for the ICB and have identified a group of early priorities for the organisation.

Recommendations

The Board is asked to:

- Discuss the challenges facing the new Integrated Care Board and wider Integrated Care System.
- Endorse the strategic aims and early priorities which are proposed for the ICB.
- Note that action plans are now being developed under the direction of the Executive Team to address these priorities.
- Agree to receive regular progress reports on the priorities as part of a board workplan of business.

Governance and reporting (list other forums that have discussed this paper)										
Meeting Date Outcomes										
N/A										

brief risk description and			
reference number			
Quality impact		Х	
assessment completed			
Equality impact		Х	
assessment completed			
Privacy impact		х	
assessment completed			
Financial impact		х	
assessment completed			
Associated risks	Х		
Are associated risks	Х		The risks identified in this paper
detailed on the ICS Risk			will be cross-checked with the ICB
Register?			assurance framework and risk
			register.

Report authorised by: Kevin Lavery, Chief Executive

Integrated Care Board – 27th July 2022

Establishing the Integrated Care Board, system diagnostic: Inherited risks and issues, strategic aims and early priorities for the Integrated Care Board

1. Introduction

The Health and Care Act 2022 has established a statutory Integrated Care Board (ICB) from 1st July 2022. The ICB is now a key system partner within the Lancashire and South Cumbria Integrated Care System.

This paper confirms that the Chief Executive and ICB Executive team have undertaken a diagnostic of the major challenges which are being inherited by the new organisation and wider health and care system. The Executives have also developed a number of strategic aims for the ICB.

The Board is asked to:

- Discuss the challenges facing the new Integrated Care Board and wider Integrated Care System.
- Endorse the strategic aims and early priorities which are proposed for the ICB.
- Note that action plans are now being developed under the direction of the Executive Team to address these priorities.
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2. Key Challenges

Crisis and opportunity

- 2.1 It is clear that the legislative changes to create Integrated Care Boards and Integrated Care Systems have taken place at the height of a global health crisis. Covid 19 has had a massive impact on our communities in Lancashire and South Cumbria, on our partner organisations and, of course, on the NHS itself.
- 2.2 Health outcomes have worsened. Inequalities have deteriorated further. There is a huge backlog of elective work. Long term conditions have worsened. The health and social care system has never been more fragile. The workforce is tired. Morale is low and the threat of a winter of discontent is growing. The cost ofliving crisis will mean a further deterioration in inequalities and health outcomes.
- 2.3 With these challenges come opportunities. Collaboration and system thinking can make a big difference to health outcomes and inequalities. We can secure a step change in the acute system; we can have much more impact on the determinants of health; we can integrate health and care faster, better, smarter, and cheaper and strengthen primary care system to be the best it can be.

2.4 At the height of the crisis the NHS came into its own. Our hospitals, general practices and community services helped thousands of people recover from Covid. The NHS pioneered the most ambitious, swift vaccination programme in the world. This saved hundreds of thousands of lives. The task facing the Integrated Care Board now is to convert this crisis into an amazing opportunity. To do this we need to retain the spirit and approach we adopted in "wartime" (during the height of Covid) and apply it in "peacetime" for the people of Lancashire and South Cumbria

System diagnostic

- Over the course of the last three months, the Chief Executive and ICB Executive Directors have undertaken a series of visits and meetings with partner organisations and leaders across the system. This "system diagnostic" process has identified a number of risks and issues which are being inherited by the new organisation. These are now presented as key challenges which can be considered by the Board. These challenges can be summarised under three headings and are shown in Figure 1 below. More details are set out in Appendix 1:
 - Major structural challenges –complex challenges requiring sustained focus on a multi-year basis
 - **System challenges** challenges requiring multi-organisational action over the next 1-2 years
 - **Tactical challenges** challenges requiring specific attention over the next 12-18 months

Figure 1: System Diagnostic outlining key challenges for the ICB and ICS

Key Risks and Challenges: System Diagnostic

The "system diagnostic" process has identified a number of risks and issues which are being inherited by the new organisation:

Major structural challenges –complex challenges requiring sustained focus on a multi-year basis

Tackle Inequalities
Improve and sustain Trust performance
Strengthen system workforce
Strengthen social care system
Refresh Primary care
Recover Financial Position and sustain
balanced plans

System challenges – challenges requiring multi-organisational action over the next 1-2 years

Sustain Elective recovery

Reduce Delayed transfers of Care
(DTOC)

Improve Urgent and emergency care

Grow System/Place Based Partnerships

Streamline Commissioning

arrangements

Tactical challenges – challenges requiring attention over the next 12 months

Address Continuing healthcare (CHC)

Improve SEND and Safeguarding Develop Intensive community services

Develop ICB workforce

3. Strategic Aims

- 3.1 The ICB Executive team is working to shape the functions, structures and priorities of the new Integrated Care Board to ensure the organisation is able to discharge its statutory duties.
- 3.2 Having completed the system diagnostic process, the Executives are proposing that the Integrated Care Board will be guided by four strategic aims. These are drawn directly from the fundamental purposes of integrated care systems as set out in the ICS Design Framework (June 2021). The strategic aims are as follows:
 - improve outcomes in population health and healthcare;
 - tackle inequalities in outcomes, experience and access;
 - enhance productivity and value for money;
 - help the NHS support broader social and economic development.
- 3.3 It is the intention of the Executive that all of the work programmes of the Board will be mapped against these four strategic aims.

4. Developing the ICB's Priorities

- 4.1 Having completed the diagnostic process and after reviewing the challenges facing the organisation, the Executive team is recommending that the ICB takes a systematic and phased approach to setting priorities.
- 4.2 This approach will have a clear strategic direction founded on the strategic aims set out above. The ICB will continue to make a thorough assessment of its inherited legacy and the current outcomes and health inequalities present across Lancashire and South Cumbria.
- 4.3 The Executive team is devising a strategy to take the organisation forward through its first year of operation focusing on ambitious objectives, realistic expectations and a small number of key priorities. These will be carefully sequenced with the necessary project structures and resource arrangements in order to support implementation. Over January-March 2023, it is expected that this work will culminate in the production of a 10-year plan and a 3 year budget.
- 4.4 The major themes which are emerging through the analysis of inherited challenges and key priorities include:
 - Further action to improve the system's performance on the key measures of urgent and emergency care, discharge and elective care recovery;
 - A focus on delivering a challenging budget for the remainder of the financial year 2022/23. Actions here are being guided through a series of

- major projects to improve productivity and deliver recurrent financial savings;
- Agreement of an ambitious integration programme for community health and social care service which includes investment in domiciliary care and intermediate beds to relieve pressure on hospitals and improve capacity of the social care system. This is dependent on coterminous boundaries with Local Government;
- Primary care development (based on the implementation of recommendations contained in the national Fuller stocktake);
- Unwavering focus on improving quality and performance of our NHS Trust providers;
- Focus on small number of prevention priorities;
- Actions to integrate health equity into our plans at both "place" and system levels which are agreed jointly with our partners.
- 4.5 It is further proposed to adopt three phases of activity:
 - **Stabilisation** phase actions required in the next 12-18 months
 - **Recovery** phase actions required in the next 1-3 years
 - **Transformation** phase actions to progress in years 4-7

Stabilisation phase (up to 12-18 months)

- 4.6 A small group of urgent priorities are already "in progress" with a particular focus on improving the financial stability of the ICB and wider system. Priorities here include reducing the dependency on agency staffing, improving continuing healthcare, sustaining medicines optimisation and sharing corporate services.
- 4.7 Given the emphasis on stabilisation, the Executive team has revisited some programmes of work, pushing back timescales for delivery until there is more capacity to give them due priority. Examples include the development of a "lead provider" model for mental health services, the delegation of budgets to place partnerships and the timing for delegation of responsibilities for specialised services commissioning from NHS England.

Recovery phase (1-3 years)

4.8 It is proposed to establish an Improvement Hub which will be able to support priorities with a medium term focus. Priorities here include action to agree more consistent care pathways and reduce the number of fragile services, introducing networked models of care where appropriate.

Transformation phase (4-7 years)

4.9 There are a small number of broad and complex transformation priorities which can only be taken forwards on a long term basis. Specific examples include the New Hospitals programme, population health programme, workforce transformation programme and actions taken with local authorities to integrate health and care services.

5. Delivering the ICB's priorities

5.1 Having identified a number of obvious challenges and established its aims and early priorities, the ICB must establish a credible and effective approach to the delivery of these priorities. The new organisation will be tested as this agenda takes shape and there are three significant aspects of its capability which are deemed crucial to its future success.

Oversight of the Board

- 5.2 It is vital that the Board is able to retain oversight on these major priority areas, receiving regular reports on progress, risks and issues. To support this process, a formal work plan outlining when specific priorities will be reported to the Board has been developed. This is shown below as **Appendix 2**. This approach has been modelled into the Board agenda for 27th July 2022 with items addressing priorities relating to Continuing Healthcare, Primary Care and Finance.
- 5.3 It is also proposed to develop a balanced scorecard for the Board which will track progress of priorities over time. This is the subject of a separate item (item 10) on the Board agenda.

Act as an effective partner

5.4 The ICB will operate as a statutory NHS organisation with a unitary Board. However, the key to success for several of the priorities identified above will be for the organisation to work effectively with other system partners. The ICB Executive will ensure that our partnership structures including the Integrated Care Partnership, Place Based Partnerships, Provider Collaborative and People Board will be utilised to deliver the relevant priorities.

Use our freedoms and flexibilities

5.5 The advent of ICBs offers new freedoms and flexibilities to deliver improved outcomes for the citizens, taxpayers and patients. In Lancashire and South Cumbria, the ICB will take action where appropriate to reduce the bureaucracy of decision-making. Every effort will be made to move from short term,

transactional relationships based around the annual contract cycle to devise longer term agreements which combine accountability with effective partnership working. The Executive team will also focus on the execution of the ICB's key priorities by making sure that individual programmes have the resources and leadership they need to be successful.

6. Recommendations

The Board is asked to:

- Discuss the challenges facing the new Integrated Care Board and wider Integrated Care System.
- Endorse the strategic aims and early priorities which are proposed for the ICB.
- Note that action plans are now being developed under the direction of the Executive Team to address these priorities.
- Agree to receive regular progress reports on the strategic priorities as part of a board workplan of business.

Kevin Lavery
Chief Executive

Appendix 1: Key Risks and Challenges: System Diagnostic

Major Structural Challenges	Diagnostic headlines
Tackle Health Inequalities	Wide-ranging health inequalities across Lancashire and South Cumbria
	Evidence that Covid 19 has widened inequalities in some areas
	Cost of living crisis expected to increase risks
	Root causes largely outside the NHS
	Requires long term commitment to change
Improve and Sustain NHS Trust	Variable trust performance against national oversight framework
Performance	Operational challenges remain and create volatility
	UHMB remains in national support programme as a "SOF 4" Trust
	Signs of improvement through individual organisations and provider collaborations
Strengthen System Workforce	High levels of vacancies across the system with recruitment difficulties in many professions and localities High agency use at considerable cost to the taxpayer
	Ageing workforce
	Some positive evidence of retention
	Opportunities for workforce transformation
Strengthen Social Care System	Limited amount of health and care integration in Lancashire and South Cumbria Sector has been underfunded for well over two decades
	Lack of investment and capacity in domiciliary care services
	Delivery is largely by private organisations and fragile
	Both Cumbria and Lancashire still have in-house provision Significant opportunities for deeper integration between health and care
	olymicant opportunities for deeper integration between health and care
Refresh Primary Care	Major issues around demand and access
	Major recruitment and retention challenges
	ICS reforms have created a sense of disempowerment in some areas
	Fuller Stocktake offers positive opportunities for change

	ICB will take on commissioning responsibility for optometry, dental and pharmacy from NHS England from April 2023.
Recover Finance Position	Significant underlying deficit with Covid funding levels to taper over 3 years Finance position high risk for 2022/23 Finance pressures in all Trusts within the ICS System needs to be able to make collective decisions about a significant number of efficiency opportunities - and deliver consistently
System Challenges	Diagnostic headlines
Sustain Elective Recovery	System has been working through a major backlog of 2-year waiters – next challenge is to reduce waiting list to maximum of 78 weeks by end of March 2023 Several opportunities for innovation, mutual aid and development of "green" surgical capacity in Lancashire and South Cumbria Elective recovery important for financial position too
Reduce Delayed Transfers of Care (DTOC)	Rates of DTOC are highly variable – ranging from 5% in Pennine Lancashire to 22% in Morecambe Bay Variations in discharge teams, intermediate bed capacity, community services and capacity of domiciliary care Take up of virtual wards model is variable
Improve Urgent and Emergency Care	Number of challenging operational pressures in urgent and emergency care ambulance performance well below target Overcrowded A&Es result in delays, which can lead to longer hospital stays for patients Still too many low priority cases and mental health cases presenting at A&E Opportunities to improve include factors in primary care, social care, mental health and acute services.
Grow Place based partnerships and the Integrated Care Partnership for Lancashire and South Cumbria	Landscape for partnerships with ICB, ICP and four Health and Wellbeing Boards not aligned

	Integration at place level and consideration of new arrangements based on coterminous boundaries needs to be a priority CQC will be inspecting arrangements from April 2023 New leadership at place level will bring opportunities for a fresh approach Opportunities for investment in community and intermediate services and quick wins on discharge and prevention
Streamline Commissioning Arrangements	Bureaucratic and expensive system with large number of short-term contracts Utilises significant staffing resource in the ICB and in providers Opportunities to use new freedoms and flexibilities to create longer term partnership agreements with public bodies – creating a dividend to shift resources from contract management to frontline services
Tactical challenges	Diagnostic headlines
Address Continuing Healthcare	Significant backlog of cases requiring assessment ICB not achieving the 28 day target for assessment using the Decision Support Tool Opportunity to review the delivery models across the ICB Plans to resolve legacy disagreement with Local Authorities
Improve SEND and safeguarding	Need for stronger partnerships and more effective systems with each upper tier council on SEND and safeguarding issues Urgent progress required on long waiting times for specific support services Evidence of progress required for CQC and Ofsted inspection
Develop Intensive Community Services	Varied existing models and variable performance including all 5 NHS Trusts and an independent provider in one locality Opportunities for greater consistency across Lancashire and South Cumbria Limited take up of virtual wards Will require complementary investment in intermediate care and domiciliary care capacity
Develop ICB Workforce	Low morale among staff leading into the legislative changes – need to strengthen communications and engagement activities

High dependence on CSU model for core functions Need alignment between current skill sets and future requirements Need to develop a new multi-disciplinary model of clinical leadership Opportunities to build in-house HR function and launch a tailored programme of
OD

Appendix 2: Board Work Plan -2022/23

Board Workplan 2022/23 and Q1 2023/24												
Board Workplan 2022/23 and Q1 2023/24	27-Jul	07-Sep	05-Oct	02-Nov	07-Dec	Jan	Feb	Mar	Apr	May	Jun	July
STRATEGIC PLANNING: 10 YEAR PLAN, VISION AND 3 YEAR BUDGET												
System Diagnostic: Inherited Risks and early Strategic Aims.	Jul											
Health and Care Deal for LSC								Mar				
10 Year Plan, Vision and Three Year Budget						Jan		Mar				
Provider and Place Partnership Agreements								Mar				
Strategies aligned to the 10 Year Plan				_								
Fuller Report and LSC Approach in response	Jul										—	
Primary Care Strategy				Nov	_				_	_	+	+
Strategy to achieve digital exemplar status (timing TBC)												
Financial Strategy												
Annual System budget	22/23							23/24				
Finacial Progress Report	Jul	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	July
Annual Accounts											June	
JOINT CAPITAL RESOUCE USE PLAN												
Prepare a Plan, with Trusts/FTs before the start of each financail year					Dec							
Agree Plan, with Trusts/FTs ready for publishing at start of each financail year						Jan					T	
INTEGRATED CARE FIVE YEAR STRATEGY												
Integrated Care Partnership TOR and Strategic Intent	Т	Sep		I	Т		Т	Т	Т	Т	$\overline{}$	$\overline{}$
Guidance published in September (Joined up multi-year guidance)	1		Oct								1	1
Agree Strategy ready for publishing in December 2022 (await gudince due in September	1			Nov							1	1
SYSTEM 5 YEAR JOINT FORWAD PLAN WITH PARTNER TRUSTS AND FOUNDATION TRUSTS												
Prepare a plan and arrangments for consutation on the joint forward plan before each Financail year					Dec						T	T
Agree Plan, with Trusts/FTs ready for publishing at start of each financail year						Jan						
IN YEAR PRIORITIES												
Reducing the Tempoary Unfunded Capacity			Oct									Т
Working Together Across Corporate Services				Nov								
Efficency at Scale					Dec							
Elective Recovery Fund			1			Jan	F - 1-				—	+
Steamlining Clinical / Care Pathways				Navi			Feb				—	+
Annual Plan Delivery Update				Nov								
Performance Report		-										
Performance Reporting: Future Approach		Sep	Ont	Navi	Dee	lan	Fab	Max	A uil	Mari	luma	lades
Deep Dive on agreed area of priority Workforce Reporing	+	Sep	Oct	Nov	Dec	Jan Jan	Feb	Mar	April April	May	June	July July
RECONFIGURATIONS	_		OCC		_	our		_	уфи			ouly
Place Review												
Outcome of Engagement and Recommendations	Jul			1	Т			Т	Т	T	$\overline{}$	$\overline{}$
Progress update				Nov						1	+	+
Boundary Changes - Westmorland and Furness	 	1				Jan		March		1	+	+-
Stroke - New Model of Care	Jul				1					+	+	+
New Hospitals Programme (dates TBC)			Oct				Feb			1	+	+
New Hospitals Programme (dates 18C)												
CORPORATE GOVERNANCE/BUSINESS PLANNING					I I				I			
CORPORATE GOVERNANCE/BUSINESS PLANNING Board Appointments / Succession Planning (dates TBC) Annual Review of Eligable Partner Organisations to Jointly Nominate							Feb		<u> </u>			+

Board Workplan_150722_DA

Conflicts of Interest Register		Sep					
OTHER SPECIFIC ITEMS	jul						
CHC Settlement	Jul						