

Chemotherapy protocol

Drua reaimen

Mitomycin C and 5-Fluorouracil with concurrent radiotherapy

Indications for use

Anal carcinoma

Regimen

Day 1 only Mitomycin C 12mg/m² bolus (max dose 20mg)

Day 1 to 4 and 29 to 32

5-Fluorouracil 1000mg/m²/day in a continuous infusor for 4 days

WITH CONCURRENT RADIOTHERAPY

Investigation prior to initiating treatment

FBC, LFT, U&Es, Bone, Creatinine clearance

Dihydropyrimidine dehydrogenase (DPD) deficiency can result in severe toxicity secondary to reduced fluorouracil metabolism (this can present as severe diarrhoea and/or severe stomatitis early in the first cycle). Patients require DPD testing prior to administration. Dose adjustments should be made in accordance with local DPD policy.

Investigations and consultations prior to each cycle

FBC weekly
U&Es and LFTs weekly
Consultation every week in radiotherapy department

Acceptable limits for treatment to proceed

(if outside these delay one week or contact consultant) Acceptable blood range: haemoglobin $\geq 120g/I$, neutrophils $\geq 1.5 \times 10^9/I$, platelets $\geq 100 \times 10^9/I$, If Hb <120 g/I proceed but arrange blood transfusion If neutrophils $1.2 - 1.5 \times 10^9/I$, contact consultant If platelets <100 $\times 10^9/I$, contact consultant If U&Es abnormal contact consultant

Side Effects

Sore mouth, nausea/sickness, pain in abdomen, diarrhoea, skin reaction, conjunctivitis, myelosuppression, neutropenia, thrombocytopenia, cardiac toxicity, ocular toxicity, interstitial lung disease, HUS, diarrhoea and constipation, fatigue, mild alopecia.

Dose Modification Criteria

Renal impairment

CrClearance (mL/min)	Mitomycin C (day 1 only)	Fluorouracil
≥60	100% dose	100% dose
10-59	75% dose	100% dose
<10	50% dose or omit	Consider dose reduction

Hepatic impairment

Bilirubin (x ULN)		ALT (xULN)	Mitomycin C Day 1 only	Fluorouracil
≤1.5	and	≤1.5	100% dose	100% dose
1.5 – 2.9	or	1.5-2.9	100% dose	67% dose*
3- 5	or	3-5	100% dose	50% dose*
>5	or	>5		contraindicated

^{*}fluorouracil doses may be increased to 100% if no further toxicity

Other toxicities

Toxicity	Definition	Dose adjustment	
Stomatitis/Mucositis	Grade 2	Reduce all subsequent fluorouracil to 75% dose	
	Grade 3	Reduce all subsequent fluorouracil to 50% dose	
	Grade 4	Discontinue all treatment	
Diarrhoea*	Grade 2	Reduce all subsequent fluorouracil to 75% dose	
	Grade 3	Reduce all subsequent fluorouracil to 50% dose	
	Grade 4	Discontinue all treatment	
Palmar Plantar Erythrodysthesia	Grade 2	Reduce all subsequent fluorouracil to 75% dose	
	Grade 3/4	Reduce all subsequent fluorouracil to 50% dose	
Haemolytic Uraemic Syndrome (HUS)	Microangiopathic haemolytic anaemia, renal failure, thrombocytopenia and hypertension. More common with cumulative doses of mitomycin C >36mg/m² If suspected test for red call fragmentation Discuss with renal team Consider prednisolone 30mg OD for 7 days to prevent worsening haemolysis		

^{*}monitor patients with diarrhoea until symptoms completely resolved as rapid deterioration may occur.

Specific Information on Administration

- PICC line required
- Mitomycin C is given as a bolus injection and is vesicant, avoid extravasation
- 5-Fluorouracil should be administered as a 24 hour infusion
- The infusion should commence 2 hours prior to the first fraction of radiotherapy
- Hb must be maintained at 120 g/l. If Hb low proceed with chemotherapy but arrange for transfusion within 2 working days

THIS PROTOCOL HAS BEEN DIRECTED BY DR WILLIAMSON. CLINICIAN FOR ANAL CANCER

RESPONSIBILITY FOR THIS PROTOCOL LIES WITH THE HEAD OF SERVICE

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