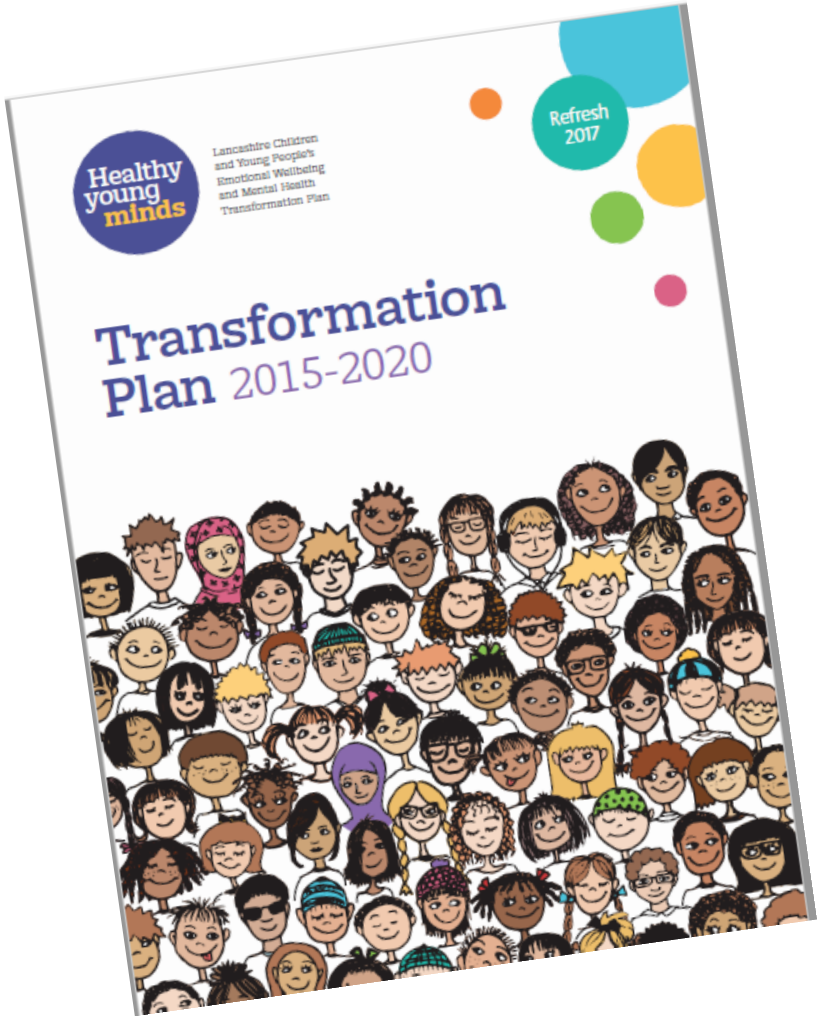
Children & Young People's Emotional Wellbeing & Mental Health

Joint Committee of Collaborative Commissioning Groups
May 2019

Healthy young minds

Lancashire & South Cumbria Children and Young People's Emotional Wellbeing and Mental Health Transformation Plan

The annual refresh – 2018/19



- Refreshed during Winter/Spring 2018/19
- Now covering Lancashire & South Cumbria
- Based on consultation with a wide range of stakeholders including CYP and families
- CCB April 2019
- JCCCGs May 2019
- Implementation ongoing

Healthy young minds
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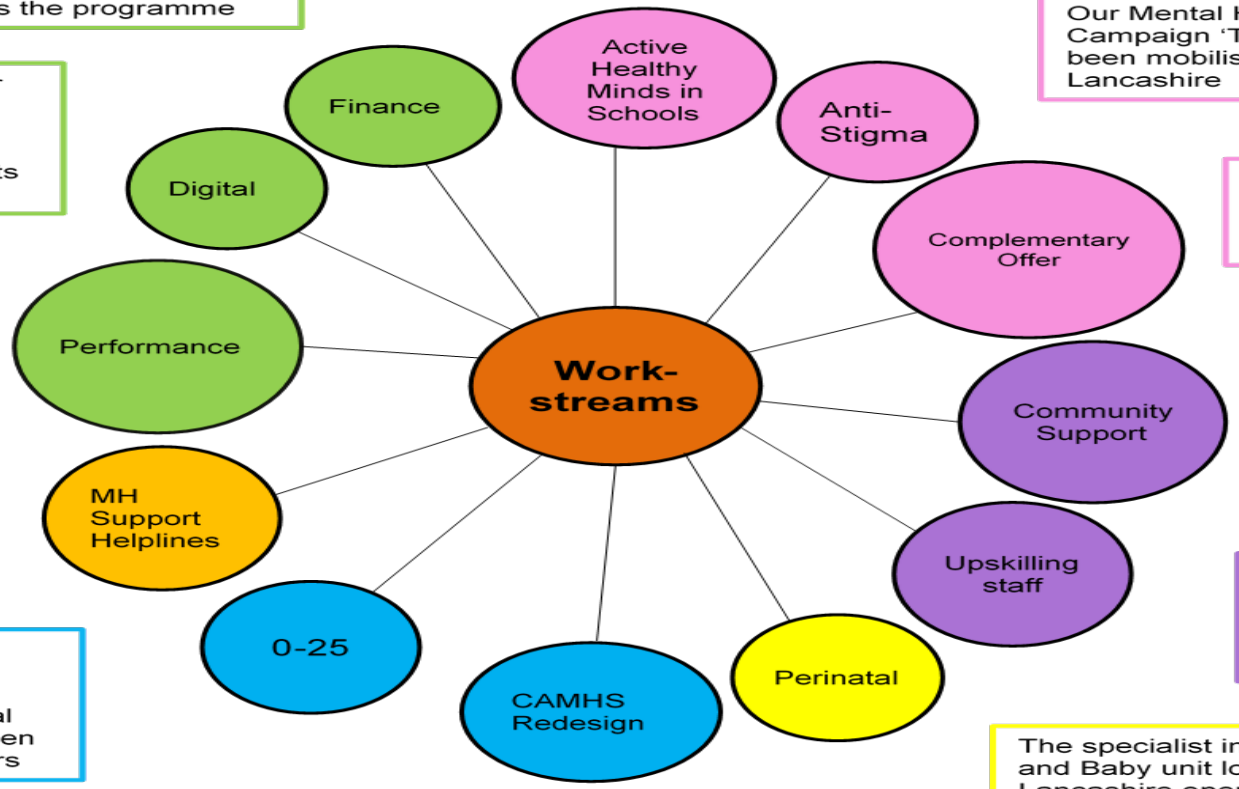
Our Achievements to date



Lancashire Active Healthy Minds Programme targeted schools to build resilience through sport

Our Mental Health Anti-stigma Campaign 'Time to Change' has been mobilised across pan-Lancashire

Our Complementary Offer of support to vulnerable people who do not access mainstream services has been defined

Interim community services have been secured to support children with behaviours that challenge pending the CAMHS Redesign

Opportunities have been working with vulnerable groups across pan-Lancashire in line with the training gap analysis

The specialist inpatient Mother and Baby unit located within Lancashire opened in October 2018

Stakeholders including children, young people and their families have worked together to co-produce a draft model

Our local offer of service provision for CYP with emotional wellbeing and mental health needs has been defined for 0-25 years

CYP, parents, carers, schools, the VCFS and other professionals are aware of the provision of mental health support helplines

Enhanced our programme Performance Dashboard which is monitored bi-monthly

Co-produced an outline for an online portal known locally as 'Digital THRIVE' with stakeholders, professionals, CYP, parents and carers

Monitoring of investment across the programme

Key Changes…

- Now a Lancashire & South Cumbria Plan
- Reference to the NHS Long Term Plan 2019
- From 7 - 9 Principles
  - Vulnerable children and young people
  - Culture of continual learning and development
- From 6 – 4 Workstreams
- From 28 – 16 Objectives
- 3 Key priorities for 2019/20
- Narrative that is more robust
  - Vulnerable children and young people
  - Young Carers
  - THRIVE Model
  - Interdependencies
  - Partnerships
- You Said, We Did – responses to:
  - Do you agree with the objectives?
  - Do you agree with the Priorities?

Our Priorities and Workstreams…

Priorities for 2019/20:

1. Develop an online portal known locally as 'Digital THRIVE' offering information, advice, self help, care pathways and a self referral process
2. Redesign CAMHS and the Complementary Offer in line with the THRIVE model
3. Define and deliver appropriate specialist inpatient and community intensive supports as part of 'Getting More Help' within THRIVE

Four key areas of work to deliver the priorities and associated objectives:

1. Promoting Resilience, Prevention and Early Intervention
2. Improving Access to Effective Support
3. Ensuring Appropriate Support and Intervention for CYP in Crisis
4. Improving Service Quality

Business Plan 2019/20

- First published for 2017/18 financial year
- Reviewed and updated annually
- Sets out
  - Spend against Transformation Funding in previous year
  - Planned Transformation Funding investment against Transformation Plan objectives in the coming year
- Sign off via Board, recommended to CCB and JCCCG

Business Plan 2019/20

- Transformation funding £6.3m in 2019/20, with agreement to:
  - 85% aligned and allocated against Transformation Plan objectives
  - 15% allocated to locally commissioned services
- From 1 April 2020, allocations have been agreed at:
  - 5% local
  - 95% aligned, to support implementation of CAMHS redesign

Thank you…

Any Questions