

# INVITATION TO ATTEND



Healthier  
**Lancashire &  
South Cumbria**

## **well@workLSC** **feel well - work well - live well** **MSK Event**

**Monday 4<sup>th</sup> March 09:00 —13:00**  
The Savoy Suite, County Hall, Preston

**Dear Colleague**

This is your invitation to secure a place at our next event **FEEL WELL - WORK WELL - LIVE WELL MSK Event** being held on **Monday 4<sup>th</sup> March** starting with coffee and registration from **09:00 to 09:30** finishing with a light lunch and opportunity to network at **13:00**.

The event is taking place in The Savoy Suite, 4<sup>th</sup> Floor, The Exchange, County hall, Fishergate, Preston, Lancashire, PR1 8XJ.

[Book Now](#)

**for the event on Monday 4<sup>th</sup> March**

This free event also includes a networking lunch. Focusing on MSK, the event will look at its impact in the workplace and on the economy.



The events are designed to hear from our panel of experts, share information and build up a network so that we can provide ideas and share good practice to help organisations promote health and wellbeing in the workplace.

We are particularly interested in hearing about innovative ways and approaches that support both employees and managers to manage MSK related conditions in work, in reducing sickness absence or to improve return to work outcomes.

Keeping up to Date with all the Well@work news is easy, you can [view our web page](#) and [Sign up to receive the Well@Work bulletin](#) Please feel free to share this link to any other health and wellbeing leads who would like to receive the Well@Work bulletin.

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