

# Pembrolizumab, carboplatin, paclitaxel for untreated advanced or recurrent endometrial cancer

## Indication

Untreated advanced or recurrent endometrial cancer

## Regimen details

### Cycles 1-6:

| Drug          | Dose                 | Route       |
|---------------|----------------------|-------------|
| Pembrolizumab | 200mg                | Intravenous |
| Paclitaxel    | 175mg/m <sup>2</sup> | Intravenous |
| Carboplatin   | AUC 5                | Intravenous |

(substitute cisplatin 50-60mg/m<sup>2</sup> for carboplatin in case of carboplatin contraindication)

### Cycles 7+

| Drug          | Dose  | Route       |
|---------------|-------|-------------|
| Pembrolizumab | 400mg | Intravenous |

Pembrolizumab 200mg 3 weekly is acceptable if patient has toxicity.

## Cycle frequency

Cycles 1-6 given every 3 weeks

Cycles 7+ given every 6 weeks

## Number of cycles

Until disease progression or unacceptable toxicity. Pembrolizumab is limited to 2 years treatment (35 cycles of 3-weekly treatment or the equivalent when given 6-weekly)

## Administration

Pembrolizumab should be administered in 100mL sodium chloride 0.9% over 30 minutes

Pembrolizumab should be administered via an infusion set with an in-line sterile, non-pyrogenic, low protein binding filter (pore size 0.2 – 5.0µm)

After the infusion the line should be flushed with 30mL sodium chloride 0.9%

Paclitaxel is administered in a 250-500mL sodium chloride 0.9% non-PVC infusion bag with a 0.22 micron in-line filter over 3 hours. Blood pressure and pulse should be monitored regularly (e.g. every 30 minutes) during paclitaxel infusion

Paclitaxel must be administered before carboplatin

Carboplatin should be administered in 250-500mL glucose 5% over 30-60 minutes

Patients should be observed closely for hypersensitivity reactions, particularly during the first and second infusions. Hypersensitivity reactions may occur within a few minutes following the initiation of the infusion of paclitaxel or carboplatin. Facilities for the treatment of hypotension and bronchospasm and anaphylaxis must be available.

If hypersensitivity reactions occur, consult "Protocol for the management of hypersensitivity to carboplatin and taxane-based chemotherapy" document

### Pre-medication

Chlorphenamine 10mg IV  
Dexamethasone 20mg IV  
Ondansetron 8mg IV  
H<sub>2</sub> antagonist – 1 hour before treatment.

### Emetogenicity

Moderate

### Additional supportive medication

### Extravasation

Carboplatin – irritant  
Paclitaxel -vesicant  
Pembrolizumab - neutral

### Investigations – pre first cycle

| Investigation                           | Validity period |
|-----------------------------------------|-----------------|
| FBC                                     | 14 days         |
| U+E (including creatinine)              | 14 days         |
| LFT (including AST)                     | 14 days         |
| Thyroid function tests                  | 14 days         |
| Glucose, HBA1c                          | 14 days         |
| Calcium, Phosphate                      | 14 days         |
| Cortisol                                | 14 days         |
| CK                                      | 14 days         |
| Amylase                                 | 14 days         |
| Troponin                                | 14 days         |
| Hepatitis B, Hepatitis C and HIV screen | 14 days         |
| Follicle stimulating hormone            | 14 days         |
| Luteinizing hormone                     | 14 days         |
| Testosterone                            | 14 days         |

### Investigations –pre subsequent cycles

FBC, U+E (including creatinine), LFT (including AST), Bone, Magnesium.  
TFT, random glucose, random cortisol, CK, amylase and troponin (every 6 weeks)

### Standard limits for administration to go ahead

If blood results not within range, authorisation to administer **must** be given by prescriber/ consultant.

| Investigation        | Limit                                                            |
|----------------------|------------------------------------------------------------------|
| Neutrophil count     | $\geq 1.5 \times 10^9/\text{L}$                                  |
| Platelet count       | $\geq 100 \times 10^9/\text{L}$                                  |
| Creatinine clearance | $\geq 30 \text{ mL/min}$ and no more than 10% change to baseline |
| Bilirubin            | See below                                                        |
| AST                  | See below                                                        |

## Dose modifications

### Haematological toxicity

| Neutrophils ( $\times 10^9$ /L) |             | Platelets ( $\times 10^9$ /L) | Carboplatin dose                                                                                                                                          | Paclitaxel dose                                                                                                                                                         |
|---------------------------------|-------------|-------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| $\geq 1.5$                      | And         | $\geq 100$                    | 100%                                                                                                                                                      | 100%                                                                                                                                                                    |
| $< 1.5$                         | And<br>/ or | 50 - 100                      | Delay 1 week or until recovery. If longer than 1 week, then reduce dose by 1 AUC level. If isolated neutropenia, GCSF can be used, +/- or dose reduction. | Delay 1 week or until recovery. If longer than 1 week, then reduce dose to 135-150mg/m <sup>2</sup> . If isolated neutropenia, GCSF can be used, +/- or dose reduction. |
| Any                             |             | $<25$ or $<50$ with bleeding  | Delay 1 week or until recovery. Then reduce dose by at least 20%                                                                                          | Delay 1 week or until recovery. Then reduce dose by 20% (bear in mind: thrombocytopenia is driven more by carboplatin)                                                  |
| Febrile neutropenia             |             |                               | Delay 1 week or until recovery. Then reduce dose by at least 20%                                                                                          | Delay 1 week or until recovery. Then reduce dose by at least 20%                                                                                                        |

If a second episode of neutropenic fever or thrombocytopenia requiring dose reduction occurs, another minimum 25% dose reduction of carboplatin and paclitaxel is recommended. Chemotherapy should be discontinued if a third episode occurs.

If a dose reduction is required due to low neutrophils or platelets, then that dose reduction is maintained for subsequent cycles.

### Renal Impairment

Adjust dose of carboplatin if serum creatinine increases by  $>10\%$  of baseline

### Hepatic Impairment

| Bilirubin (x ULN) |     | AST/ALT (x ULN) | Carboplatin dose                        | Paclitaxel dose                             |
|-------------------|-----|-----------------|-----------------------------------------|---------------------------------------------|
| $<1.25$           | And | $<5$            | 100%                                    | 100%                                        |
| 1.25 – 2          | And |                 | 100%                                    | Delay to recovery and reduce to 50-75% dose |
| 2 – 5             | And |                 | 80-100%                                 | omit                                        |
| $>5$              | Or  | $\geq 5$        | (Not recommended – consultant decision) |                                             |

### Neuropathy

Grade 2: Reduce paclitaxel dose to 135mg/m<sup>2</sup> at first occurrence, if further deterioration omit

Grade 3 or above: withhold until grade  $\leq 1$  then restart at 100mg/m<sup>2</sup>. Omit if persistent / recurrence

## Immunotherapy Toxicity

Consider immunotherapy driven toxicity as a potential reason for all changing laboratory results and discuss with a consultant if any concerns

Immunotherapy toxicities should be aggressively managed as can cause permanent and life-threatening complications.  
**Refer to UKONS and ESMO guidance for treatment of immune related toxicities.**

Available at:

<https://www.healthierlsc.co.uk/canceralliance/chemotherapy-protocols/immunotherapy-toxicity-guidelines>

| Toxicity                   | Definition                                                                                                 | Action                                                                                                |
|----------------------------|------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
| Colitis                    | Grade 1                                                                                                    | Continue and closely monitor                                                                          |
|                            | Grade 2-3                                                                                                  | Withhold until symptoms resolve to $\leq$ grade 1                                                     |
|                            | Grade 4                                                                                                    | Permanently discontinue pembrolizumab                                                                 |
| Pneumonitis                | Grade 1                                                                                                    | Continue and closely monitor                                                                          |
|                            | Grade 2                                                                                                    | Withhold until symptoms resolve to $\leq$ grade 1                                                     |
|                            | Grade 3-4 or recurrent grade 2                                                                             | Permanently discontinue pembrolizumab                                                                 |
| Nephritis                  | Grade 1 (creatinine $\leq 1.5 \times$ ULN)                                                                 | Continue and closely monitor                                                                          |
|                            | Grade 2 (creatinine $1.5-3 \times$ ULN)                                                                    | Withhold until symptoms resolve to $\leq$ grade 1                                                     |
|                            | Grade 3 (creatinine $> 3 \times$ ULN)                                                                      | Permanently discontinue pembrolizumab                                                                 |
| Endocrine                  | Symptomatic hypophysitis                                                                                   | Withhold until symptoms resolve to $\leq$ grade 1                                                     |
|                            | Type 1 diabetes with grade $> 3$ hyperglycaemia (glucose $> 13.9$ mmol/L) or ketoacidosis                  | Withhold until $\leq$ grade 2<br>May consider recommencing after corticosteroid taper or discontinue. |
|                            | Hyperthyroidism $\geq$ grade 3                                                                             | Withhold until $\leq$ grade 2<br>May consider recommencing after corticosteroid taper or discontinue. |
|                            | Hypothyroidism                                                                                             | Continue and manage with replacement therapy                                                          |
| Hepatitis                  | AST/ALT $3-5 \times$ ULN or Bilirubin $> 1.5-3 \times$ ULN                                                 | Withhold until resolves to $\leq$ grade 1                                                             |
|                            | AST/ALT $> 5 \times$ ULN or Bilirubin $> 3 \times$ ULN                                                     | Permanently discontinue pembrolizumab                                                                 |
|                            | Liver metastasis and baseline AST/ALT $3-5 \times$ ULN but AST/ALT increases $\geq 50\%$ for $\geq 1$ week | Permanently discontinue pembrolizumab                                                                 |
| Infusion-related reactions | Grade 3-4                                                                                                  | Permanently discontinue pembrolizumab                                                                 |

Pembrolizumab should be permanently discontinued if:

- Grade 4 toxicity (except for endocrinopathies that are controlled with replacement hormones)
- Corticosteroid dosing cannot be reduced to  $\leq 10$  mg prednisone or equivalent per day within 12 weeks
- Treatment-related toxicity does not resolve to Grade 0-1 within 12 weeks after last dose
- Any event occurs a second time at Grade  $\geq 3$  severity
- Grade 3 or 4 myocarditis
- Grade 3 or 4 encephalitis
- Grade 3 or 4 Guillain-Barré syndrome
- Grade 3 or 4 or recurrent pneumonitis

## Adverse effects –

for full details consult product literature/ reference texts

- **Serious side effects**

Myelosuppression  
Pneumonitis  
Colitis  
Hepatitis  
Nephritis  
Endocrinopathies  
Pancreatitis

- **Frequently occurring side effects**

Myelosuppression  
Reduced appetite  
Headache  
Dizziness  
Dry eyes  
Cough  
Constipation  
Nausea  
Diarrhoea  
Hypertension  
Low magnesium  
Neuropathy  
Allergic reactions  
Rash  
Fatigue  
Myalgias  
Hyperglycaemia  
Hypocalcaemia

- **Other side effects**

Arthralgia  
Alopecia

## Significant drug interactions

– for full details consult product literature/ reference texts

**Corticosteroids:** use of systemic corticosteroids at baseline, before starting pembrolizumab, should be avoided because of their potential interference with the pharmacodynamic activity and efficacy of pembrolizumab. However, systemic corticosteroids or other immunosuppressants can be used after starting pembrolizumab to treat immune-related adverse reactions.

**Warfarin/coumarin anticoagulants:** increased or fluctuating anticoagulant effects. Avoid if possible, consider switching patient to a low molecular weight heparin or DOAC during treatment or if the patient continues taking warfarin monitor the INR at least once a week and adjust dose accordingly.

**Paclitaxel is a CYP 2C8/9 and CYP 3A4 substrate.** Drug levels may be increased by inhibitors of these enzymes and decreased by inducers of these enzymes.

## Carboplatin

**Aminoglycoside antibiotics:** increased risk of nephrotoxicity and ototoxicity

**Clozapine:** increased risk of agranulocytosis, avoid concomitant use

**Diuretics:** increased risk of nephrotoxicity and ototoxicity

**Phenytoin:** carboplatin reduces absorption and efficacy of phenytoin

### Additional comments

Women of childbearing potential should use effective contraception during treatment and for at least 4 months after the last dose.

### References

Colombo et al. Pembrolizumab for Persistent, Recurrent, or Metastatic Cervical Cancer N Engl J Med 2021;385:1856-67

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**THIS PROTOCOL HAS BEEN DIRECTED BY DR YIANNAKIS, CONSULTANT ONCOLOGIST**

**RESPONSIBILITY FOR THIS PROTOCOL LIES WITH THE HEAD OF SERVICE**

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