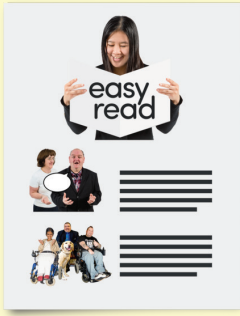


Our plan to make dementia services better

Lancashire and South Cumbria



Easy read booklet



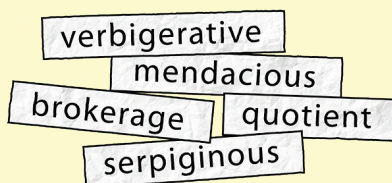
This is an Easy Read version of some information. It has words and pictures.



You might want help to read this booklet. You can ask someone to help you.

words

Some words are **black and bold**. This means we think they are difficult words.



Black and bold words are thicker and darker. We explain what they mean in a box like this.

Who we are



We are **Lancashire and South Cumbria Integrated Care System.**



We plan how healthcare services in Lancashire and South Cumbria give people care.



We want to make our dementia services better for people with **dementia.**



Dementia is the name for lots of conditions that make it hard for somebody to think and remember things.

What this booklet is about



This booklet tells you our plan to make dementia services better over the next 5 years.



We worked with lots of different organisations to make our plan.



Our plan tells you how we will help people with dementia, their families, friends and carers.

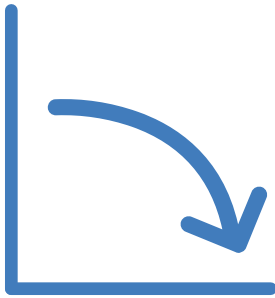


The next page tells you about our goals.

Our goals



Our **goals** are what we want to achieve by doing our plan.



- We want to stop as many people as possible from getting dementia.



- We want to spot signs of dementia as early as possible so people can know if they have dementia.



- We want to help people with dementia to live well and to have the right support when they are unwell or die.

Our plan



Over the next 5 years we will

- teach people about dementia and how being healthy can stop them from getting dementia.
- make sure people with dementia and their carers can use the right services and find helpful information.
- make sure people with dementia are not alone and have good lives.
- make sure people with dementia who are dying have good care.
- help people with dementia to take part in **research** about dementia.

Research is work done to find out new information.

What we will do next



We will work closely with people with dementia to make sure our plan helps them.



We will talk to them about our plan and if they think we should make any changes.



We will talk to them to find out what is most important to them.



We will collect more information about people with dementia who live in Lancashire and South Cumbria.

Thank you for reading this booklet



The full version of this document is called
“Lancashire and South Cumbria Integrated Care System
Dementia Strategy 2025 – 2030 Summary Version”