

# DO YOU KNOW?

**If you have schizophrenia, bipolar disorder or psychosis you are entitled to a FREE PHYSICAL HEALTH CHECK, which could prevent you from developing other serious illnesses.**



**GET YOUR  
FREE  
PHYSICAL  
HEALTH  
CHECK  
NOW!**

**Contact your GP practice to book your physical health check or for more information visit:**  
[www.lancashireandsouthcumbria.icb.nhs.uk/PHSMI](http://www.lancashireandsouthcumbria.icb.nhs.uk/PHSMI)