

DO YOU KNOW?

If you have schizophrenia, bipolar disorder or psychosis you are entitled to a **FREE PHYSICAL HEALTH CHECK**, which could prevent you from developing other serious illnesses.

A yellow silhouette of a person's head in profile, facing right. Inside the head, there is a white rounded rectangle containing text.

GET YOUR
FREE
PHYSICAL
HEALTH
CHECK
NOW!

Contact your GP practice to book your physical health check or for more information visit:
www.lancashireandsouthcumbria.icb.nhs.uk/PHSMI