

# DO THEY KNOW?

If a loved one has schizophrenia, bipolar disorder or psychosis they are entitled to a **FREE PHYSICAL HEALTH CHECK**, which could prevent them from developing other serious illnesses.

A yellow silhouette of a person's head in profile, facing right. Inside the head is a white rounded rectangle containing text.

GET THEIR  
**FREE**  
ANNUAL  
HEALTH  
CHECK  
**NOW!**

Contact their GP practice to book their physical health check or for more information visit:  
[www.lancashireandsouthcumbria.icb.nhs.uk/PHSMI](http://www.lancashireandsouthcumbria.icb.nhs.uk/PHSMI)