

# DO YOU KNOW?

If you have schizophrenia, bipolar disorder or psychosis you are entitled to a **FREE PHYSICAL HEALTH CHECK**, which could prevent you from developing other serious illnesses.



Contact your GP practice to book your physical health check or for more information visit:  
[www.lancashireandsouthcumbria.icb.nhs.uk/PHSMI](http://www.lancashireandsouthcumbria.icb.nhs.uk/PHSMI)