

**This World Suicide Prevention Day  
make the difference and  
start the conversation**

**If you are having  
thoughts of suicide,  
or are worried about  
a friend or family  
member, you can  
talk to someone  
wearing an  
orange button.**



**...they are people that have had the training to help you**

**Orange Button  
Community Scheme**

**Listen, support, signpost**



**#WSPD**

**10th Sep 2024**



**Lancashire and  
South Cumbria**  
Integrated Care Board